

MONDAY TO SATURDAY (excluding public holidays)														Key
	6	X6	6	X6	6	6A	X6	6A	6C	6	6A	6A	X6	
Barrow Town Hall stop A	0500	0510	0540	0610	-	0650	0705	0710	0725	0725	0745	0750	0810	Journey operates Monday to Friday only
Abbey Road Strawberry Hotel	0508	0518	0548	0618	-	0658	0715	0720	0735	0735	0800	0800	0820	Journey operates Saturday only
Furness General Hospital	0512	-	0552	-	-	0702	-	0724	-	0740	0805	0805	-	Journey operates Monday to Friday during school holidays, and Saturday only
Greystone Estate Newton Inn	-	0524	-	0624	-	0707	0721	0729	-	-	0810	0810	0826	
Dalton Tudor Square	0519	0529	0559	0629	-	0713	0727	0735	0744	0747	0816	0816	0832	
Lindal-in-Furness	0522	0532	0602	0632	-	0717	0731	0739	0748	0751	0820	0820	0836	Journey operates Monday to Friday, Kendal College term time only
Swarthmoor Miners Arms	0525	0535	0605	0635	-	0720	0734	0742	0751	0754	0823	0823	0839	Journey operates school days only
Ulverston Victoria Road arrive	0531	0541	0611	0641	-	0727	0741	0749	0758	0801	0830	0830	0846	
Same bus - no need to change														
Ulverston Victoria Road depart	0532	0542	0612	0642	0725	0727	0745	0749	0802	0803	0830	0830	0850	- Stop not served
Croftlands Estate Lancastrian	-	-		-		0734	-	0756	-	-	0837	0837	-	To comply with drivers' hours regulations,
Haverthwaite Railway Station	0543	0553	0623	0653	0738	-	0758	-	0814	0816	-	-	0903	buses connect at Ulverston.
Backbarrow	0544	0554	0624	0654	0739	-	0759	-	0815	0817	-	-	0904	The connection is guaranteed and passengers can stay on the bus which operates through.
Newby Bridge	0547	0557	0627	0657	0743	-	0803	-	0819	0821	-	-	0908	
Fell Foot Country Park	0550	-	0630	-	0746	-	-	-	-	0824	-	-	-	
Storrs Hall Hotel	0600	-	0640	-	0757	-	-	-	-	0835	-	-	-	
Bowness Pier	0604	-	0644	-	0801	-	-	-	-	0839	-	-	-	
Windermere Railway Station	0612	-	0652	-	0813	-	-	-	-	0851	-	-	-	
Staveley Abbey Square	-	-	-	-	-	-	-	-	-	0900	-	-	-	
High Newton	-	0602	-	0702	-	-	0808	-	-	-	-	-	0913	
Lindale Lyngarth	-	0607	-	0707	-	-	0813	-	-	-	-	-	0918	
Grange Railway Station	-	0613	-	0713	-	-	0819	-	-	-	-	-	0924	
Lindale Village	-	0617	-	0717	-	-	0823	-	-	-	-	-	0928	
Witherslack Road end	-	0622	-	0722	-	-	0828	-	0828	-	-	-	0933	
Levens Heaves Hotel	-	0627	-	0728	-	-	0834	-	0834	-	-	-	0939	
Helsington Lumley Road	-	0632	-	0733	-	-	0839	-	0839	-	-	-	0944	
Kendal College	-	0634	-	0735	-	-	0842	-	0842	-	-	-	0946	
Kendal Bus Station	-	0639	-	0741	0830	-	0849	-	0847	0915	-	-	0951	

MONDAY TO SATURDAY (excluding public holidays)														
	6A	6A	X6	6A	6A	6	X6	6A	6A	X6	6A	6A	X6	6
Barrow Town Hall stop A	0830	0850	0910	0930	0950	0955	1010	1030	1050	1110	1130	1150	1210	1210
Abbey Road Strawberry Hotel	0840	0900	0920	0940	1000	1005	1020	1040	1100	1120	1140	1200	1220	1220
Furness General Hospital	0845	0905	-	0945	1005	1010	-	1045	1105	-	1145	1205	-	1225
Greystone Estate Newton Inn	0850	0910	0928	0950	1010	-	1028	1050	1110	1128	1150	1210	1228	-
Dalton Tudor Square	0856	0916	0934	0956	1016	1017	1034	1056	1116	1134	1156	1216	1234	1232
Lindal-in-Furness	0900	0920	0938	1000	1020	1021	1038	1100	1120	1138	1200	1220	1238	1236
Swarthmoor Miners Arms	0903	0923	0941	1003	1023	1024	1041	1103	1123	1141	1203	1223	1241	1239
Ulverston Victoria Road arrive	0910	0930	0948	1010	1030	1031	1048	1110	1130	1148	1210	1230	1248	1246
Same bus - no need to change			🚶			🚶	🚶			🚶			🚶	🚶
Ulverston Victoria Road depart	0910	0930	0950	1010	1030	1033	1050	1110	1130	1150	1210	1230	1250	1248
Croftlands Estate Lancastrian	0917	0937	-	1017	1037	-	-	1117	1137	-	1217	1237	-	-
Haverthwaite Railway Station 🚆	-	-	1003	-	-	1046	1103	-	-	1203	-	-	1303	1301
Backbarrow Lakeland Motor Museum	-	-	1004	-	-	1047	1104	-	-	1204	-	-	1304	1302
Newby Bridge	-	-	1008	-	-	1051	1108	-	-	1208	-	-	1308	1306
Fell Foot Country Park	-	-	-	-	-	1054	-	-	-	-	-	-	-	1309
Storrs Hall Hotel	-	-	-	-	-	1105	-	-	-	-	-	-	-	1320
Bowness Pier	-	-	-	-	-	1109	-	-	-	-	-	-	-	1324
Windermere Railway Station 🚆	-	-	-	-	-	1119	-	-	-	-	-	-	-	1334
High Newton	-	-	1013	-	-	-	1113	-	-	1213	-	-	1313	-
Lindale Lyngarth	-	-	1018	-	-	-	1118	-	-	1218	-	-	1318	-
Grange Railway Station 🚆	-	-	1024	-	-	-	1124	-	-	1224	-	-	1324	-
Lindale Village	-	-	1028	-	-	-	1128	-	-	1228	-	-	1328	-
Witherslack Road end	-	-	1033	-	-	-	1133	-	-	1233	-	-	1333	-
Levens Heaves Hotel	-	-	1039	-	-	-	1139	-	-	1239	-	-	1339	-
Helsington Lumley Road	-	-	1044	-	-	-	1144	-	-	1244	-	-	1344	-
Kendal College	-	-	1046	-	-	-	1146	-	-	1246	-	-	1346	-
Kendal Bus Station	-	-	1051	-	-	-	1151	-	-	1251	-	-	1351	-

MONDAY TO SATURDAY (excluding public holidays)														
	6	6A	6A	X6	6A	6A	X6	6A	6	6A	X6	6A	6A	X6
Barrow Town Hall stop A	1220	1230	1250	1310	1330	1350	1410	1430	1440	1450	1510	1530	1550	1610
Abbey Road Strawberry Hotel	1230	1240	1300	1320	1340	1400	1420	1440	1450	1500	1522	1540	1600	1622
Furness General Hospital	1235	1245	1305	-	1345	1405	-	1445	1455	1505	-	1545	1605	-
Greystone Estate Newton Inn	-	1250	1310	1328	1350	1410	1428	1450	-	1510	1533	1550	1610	1633
Dalton Tudor Square	1242	1256	1316	1334	1356	1416	1434	1456	1502	1516	1539	1556	1616	1639
Lindal-in-Furness	1246	1300	1320	1338	1400	1420	1438	1500	1506	1520	1543	1600	1620	1643
Swarthmoor Miners Arms	1249	1303	1323	1341	1403	1423	1441	1503	1509	1523	1546	1603	1623	1646
Ulverston Victoria Road arrive	1256	1310	1330	1348	1410	1430	1448	1510	1516	1530	1553	1610	1630	1653
Same bus - no need to change	8			8			8		8		8			8
Ulverston Victoria Road depart	1258	1310	1330	1350	1410	1430	1452	1510	1518	1530	1558	1610	1630	1658
Croftlands Estate Lancastrian	-	1317	1337	-	1417	1437	-	1517	-	1537	-	1617	1637	-
Haverthwaite Railway Station	1311	-	-	1403	-	-	1505	-	1531	-	1611	-	-	1711
Backbarrow Lakeland Motor Museum	1312	-	-	1404	-	-	1506	-	1532	-	1612	-	-	1712
Newby Bridge	1316	-	-	1408	-	-	1510	-	1536	-	1616	-	-	1716
Fell Foot Country Park	1319	-	-	-	-	-	-	-	1539	-	-	-	-	-
Storrs Hall Hotel	1330	-	-	-	-	-	-	-	1550	-	-	-	-	-
Bowness Pier	1334	-	-	-	-	-	-	-	1554	-	-	-	-	-
Windermere Railway Station	1344	-	-	-	-	-	-	-	1606	-	-	-	-	-
Staveley Abbey Square	-	-	-	-	-	-	-	-	1615	-	-	-	-	-
High Newton	-	-	-	1413	-	-	1515	-	-	-	1621	-	-	1721
Lindale Lyngarth	-	-	-	1418	-	-	1520	-	-	-	1626	-	-	1726
Grange Railway Station	-	-	-	1424	-	-	1526	-	-	-	1632	-	-	1732
Lindale Village	-	-	-	1428	-	-	1530	-	-	-	1636	-	-	1736
Witherslack Road end	-	-	-	1433	-	-	1535	-	-	-	1641	-	-	1741
Levens Heaves Hotel	-	-	-	1439	-	-	1541	-	-	-	1647	-	-	1747
Helsington Lumley Road	-	-	-	1444	-	-	1546	-	-	-	1652	-	-	1752
Kendal College	-	-	-	1446	-	-	1549	-	-	-	1655	-	-	1755
Kendal Bus Station	-	-	-	1451	-	-	1554	-	1630	-	1700	-	-	1800

MONDAY TO SATURDAY (excluding public holidays)

	6	6A	6A	X6	6A	6A	6A	6	X6	6A	6A	X6	6	6A
Barrow Town Hall stop A	1620	1630	1650	1715	1730	1750	1810	1825	1845	1940	2040	2140	2150	2310
Abbey Road Strawberry Hotel	1630	1640	1700	1727	1740	1800	1820	1835	1855	1948	2048	2148	2158	2318
Furness General Hospital	1635	1645	1705	-	1745	1805	1825	1840	-	1952	2052	-	2202	2322
Greystone Estate Newton Inn	-	1650	1710	1736	1750	1810	1830	-	1903	1957	2057	2154	-	2327
Dalton Tudor Square	1642	1656	1716	1742	1756	1816	1836	1847	1909	2003	2103	2159	2209	2333
Lindal-in-Furness	1646	1700	1720	1746	1800	1820	1840	1851	1913	2007	2107	2202	2212	2336
Swarthmoor Miners Arms	1649	1703	1723	1749	1803	1823	1843	1854	1916	2010	2110	2205	2215	2339
Ulverston Victoria Road arrive	1656	1710	1730	1756	1810	1830	1850	1901	1923	2016	2116	2211	2221	2345
Same bus - no need to change	🕒			🕒				🕒	🕒			🕒	🕒	
Ulverston Victoria Road depart	1658	1710	1730	1800	1810	1830	1850	1904	1926	2016	2116	2214	2224	2345
Croftlands Estate Lancastrian	-	1717	1737	-	1817	1837	1857	-	-	2023	2123	-	-	2352
Haverthwaite Railway Station 	1711	-	-	1813	-	-	-	1916	1938	-	-	2225	2235	-
Backbarrow Lakeland Motor Museum	1712	-	-	1814	-	-	-	1917	1943	-	-	2226	2236	-
Newby Bridge	1716	-	-	1818	-	-	-	1921	1944	-	-	2229	2239	-
Fell Foot Country Park	1719	-	-	-	-	-	-	1924	-	-	-	-	2242	-
Storrs Hall Hotel	1730	-	-	-	-	-	-	1935	-	-	-	-	2253	-
Bowness Pier	1734	-	-	-	-	-	-	1939	-	-	-	-	2257	-
Windermere Railway Station 	1744	-	-	-	-	-	-	1947	-	-	-	-	2305	-
High Newton	-	-	-	1823	-	-	-	-	-	-	-	-	-	-
Lindale Lyngarth	-	-	-	1828	-	-	-	-	1951	-	-	2237	-	-
Grange Railway Station 	-	-	-	1834	-	-	-	-	1957	-	-	2241	-	-
Lindale Village	-	-	-	1838	-	-	-	-	2001	-	-	2245	-	-
Witherslack Road end	-	-	-	1843	-	-	-	-	2006	-	-	2250	-	-
Levens Heaves Hotel	-	-	-	1849	-	-	-	-	2011	-	-	2255	-	-
Helsington Lumley Road	-	-	-	1854	-	-	-	-	2016	-	-	2300	-	-
Kendal College	-	-	-	1857	-	-	-	-	2018	-	-	2302	-	-
Kendal Bus Station	-	-	-	1902	-	-	-	-	2023	-	-	2307	-	-

SUNDAY (including public holidays)															
	6	6	X6	6	X6	6	X6	6	X6	6	6A	6A	6A	6	6A
Barrow Town Hall stop A	0540	0830	0930	1030	1130	1230	1330	1430	1530	1630	1730	1835	1930	2100	2230
Abbey Road Strawberry Hotel	0548	0838	0939	1039	1139	1239	1339	1439	1539	1639	1739	1844	1938	2108	2238
Furness General Hospital	0552	0842	0944	1044	1144	1244	1344	1444	1544	1644	1744	1849	1942	2112	2242
Greystone Estate Newton Inn	-	0847	0949	1049	1149	1249	1349	1449	1549	1649	1749	1854	1947	2117	2247
Dalton Tudor Square	0559	0852	0955	1055	1155	1255	1355	1455	1555	1655	1755	1859	1952	2122	2252
Lindal-in-Furness	0602	0856	0959	1059	1159	1259	1359	1459	1559	1659	1759	1904	1955	2125	2255
Croftlands Junior School	-	0903	1006	1106	1206	1306	1406	1506	1606	1706	1806	1911	2002	2132	2302
Ulverston Victoria Road arrive	0611	0909	1012	1112	1212	1312	1412	1512	1612	1712	1812	1917	2008	2138	2308
Same bus - no need to change															
Ulverston Victoria Road depart	0612	0912	1015	1115	1215	1315	1415	1515	1615	1715	-	-	-	2140	-
Haverthwaite Railway Station 	0623	0924	1027	1127	1227	1327	1427	1527	1627	1727	-	-	-	2151	-
Backbarrow Lakeland Motor Museum	0624	0925	1028	1128	1228	1328	1428	1528	1628	1728	-	-	-	2152	-
Newby Bridge	0627	0929	1032	1132	1232	1332	1432	1532	1632	1732	-	-	-	2155	-
Fell Foot Country Park	0630	0932	-	1135	-	1335	-	1535	-	1735	-	-	-	2158	-
Storrs Hall Hotel	0640	0943	-	1146	-	1346	-	1546	-	1746	-	-	-	2208	-
Bowness Pier	0644	0947	-	1150	-	1350	-	1550	-	1750	-	-	-	2212	-
Windermere Railway Station 	0654	1000	-	1203	-	1403	-	1603	-	1803	-	-	-	2220	-
Staveley Abbey Square	0703	1009	-	1212	-	1412	-	1612	-	1812	-	-	-	2229	-
Lindale Lyngarth	-	-	1037	-	1237	-	1437	-	1637	-	-	-	-	-	-
Grange Railway Station 	-	-	1043	-	1243	-	1443	-	1643	-	-	-	-	-	-
Lindale Village	-	-	1047	-	1247	-	1447	-	1647	-	-	-	-	-	-
Witherslack Road end	-	-	1052	-	1252	-	1452	-	1652	-	-	-	-	-	-
Levens Heaves Hotel	-	-	1057	-	1257	-	1457	-	1657	-	-	-	-	-	-
Helsington Lumley Road	-	-	1102	-	1302	-	1502	-	1702	-	-	-	-	-	-
Kendal College	-	-	1105	-	1305	-	1505	-	1705	-	-	-	-	-	-
Kendal Bus Station stand C	0718	1024	1111	1227	1311	1427	1511	1627	1711	1827	-	-	-	2244	-

MONDAY TO SATURDAY (excluding public holidays)													Key
	6A	6A	6A	6	6A	6	6A	X6	6A	6A	X6	6A	Operates Monday to Friday only and additionally calls at Barrow Shipyard 0614 and 0714
Kendal Bus Station stand C	-	-	-	-	-	-	-	0648	-	-	0748	-	Journey operates Monday to Friday only
Helsington Lumley Road	-	-	-	-	-	-	-	0656	-	-	0757	-	Journey operates Saturday only
Levens Heaves Hotel	-	-	-	-	-	-	-	0701	-	-	0802	-	Journey operates school days only
Witherslack Road End	-	-	-	-	-	-	-	0707	-	-	0808	-	Journey operates Saturday & School Holidays only
Lindale Village	-	-	-	-	-	-	-	0712	-	-	0813	-	Journey operates Monday to Friday, Kendal College term time only
Grange Railway Station 	-	-	-	-	-	-	-	0718	-	-	0819	-	
Lindale Lyngarth	-	-	-	-	-	-	-	0722	-	-	0823	-	
High Newton	-	-	-	-	-	-	-	0727	-	-	0828	-	
Staveley Abbey Square	-	-	-	-	-	-	-	-	-	-	-	-	
Windermere Railway Station 	-	-	-	0615	-	0655	-	-	-	-	-	-	
Bowness Pier	-	-	-	0623	-	0703	-	-	-	-	-	-	
Storrs Hall Hotel	-	-	-	0627	-	0707	-	-	-	-	-	-	- Stop not served
Fell Foot Country Park	-	-	-	0638	-	0718	-	-	-	-	-	-	 To comply with drivers' hours regulations, buses connect at Ulverston. The connection is guaranteed and passengers can stay on the bus which operates through.
Newby Bridge	-	-	-	0641	-	0721	-	0733	-	-	0834	-	
Backbarrow Lakeland Motor Museum	-	-	-	0642	-	0722	-	0734	-	-	0835	-	
Haverthwaite Railway Station 	-	-	-	0644	-	0724	-	0737	-	-	0837	-	
Croftlands Estate Lancastrian	0520	0620	0650	-	0711		0736	-	0757	0837	-	0917	
Ulverston Victoria Road arrive	0527	0627	0657	0657	0718	0737	0743	0750	0804	0844	0842	0924	
Same bus - no need to change													
Ulverston Victoria Road depart	0528	0628	0658	0700	0720	0740	0745	0754	0806	0846	0900	0926	
Swarthmoor Miners Arms	0531	0631	0701	0703	0723	0743	0748	0757	0809	0849	0903	0929	
Lindal-in-Furness	0534	0634	0704	0707	0727	0747	0752	0801	0813	0853	0907	0933	
Dalton Tudor Square	0538	0638	0708	0711	0731	0751	0756	0805	0817	0857	0912	0937	
Greystone Estate Newton Inn	0543	0643	0713	-	0736	-	0802	0811	0823	0903	0918	0943	
Furness General Hospital	0548	0648	0718	0718	0741	0758	0807	-	0828	0908	-	0948	
Abbey Road Strawberry Hotel	0552	0652	0723	0723	0746	0803	0812	0820	0833	0913	0926	0953	
Barrow Town Hall	0607	0706	0734	0734	0757	0814	0823	0831	0844	0924	0937	1004	continued

MONDAY TO SATURDAY (excluding public holidays)														
	6A	X6	6A	6	6A	X6	6A	6A	6	X6	6A	6A	X6	6A
Kendal Bus Station stand C	-	0858	-	0920	-	0958	-	-	-	1058	-	-	1158	-
Helsington Lumley Road	-	0907	-	-	-	1007	-	-	-	1107	-	-	1207	-
Levens Heaves Hotel	-	0912	-	-	-	1012	-	-	-	1112	-	-	1212	-
Witherslack Road End	-	0918	-	-	-	1018	-	-	-	1118	-	-	1218	-
Lindale Village	-	0922	-	-	-	1022	-	-	-	1122	-	-	1222	-
Grange Railway Station 	-	0928	-	-	-	1028	-	-	-	1128	-	-	1228	-
Lindale Lyngarth	-	0932	-	-	-	1032	-	-	-	1132	-	-	1232	-
High Newton	-	0938	-	-	-	1038	-	-	-	1138	-	-	1238	-
Staveley Abbey Square	-	-	-	0932	-	-	-	-	-	-	-	-	-	-
Windermere Railway Station 	-	-	-	0948	-	-	-	-	1122	-	-	-	-	-
Bowness Pier	-	-	-	0956	-	-	-	-	1130	-	-	-	-	-
Storrs Hall Hotel	-	-	-	1000	-	-	-	-	1134	-	-	-	-	-
Fell Foot Country Park	-	-	-	1011	-	-	-	-	1145	-	-	-	-	-
Newby Bridge	-	0943	-	1014	-	1043	-	-	1148	1143	-	-	1243	-
Backbarrow Lakeland Motor Museum	-	0944	-	1015	-	1044	-	-	1149	1144	-	-	1244	-
Haverthwaite Railway Station 	-	0946	-	1017	-	1046	-	-	1151	1146	-	-	1246	-
Croftlands Estate Lancastrian	0937	-	1017	-	1037	-	1117	1137	-	-	1217	1237	-	1317
Ulverston Victoria Road arrive	0944	0959	1024	1030	1044	1059	1124	1144	1204	1159	1224	1244	1259	1324
Same bus - no need to change														
Ulverston Victoria Road depart	0946	1006	1026	1032	1046	1106	1126	1146	1208	1206	1226	1246	1306	1326
Swarthmoor Miners Arms	0949	1009	1029	1035	1049	1109	1129	1149	1211	1209	1229	1249	1309	1329
Lindal-in-Furness	0953	1013	1033	1039	1053	1113	1133	1153	1215	1213	1233	1253	1313	1333
Dalton Tudor Square	0957	1017	1037	1043	1057	1117	1137	1157	1219	1217	1237	1257	1317	1337
Greystone Estate Newton Inn	1003	1023	1043	-	1103	1123	1143	1203	-	1223	1243	1303	1323	1343
Furness General Hospital	1008	-	1048	1050	1108	-	1148	1208	1226	-	1248	1308	-	1348
Abbey Road Strawberry Hotel	1013	1031	1053	1055	1113	1131	1153	1213	1231	1231	1253	1313	1331	1353
Barrow Town Hall	1024	1042	1104	1106	1124	1142	1204	1224	1242	1242	1304	1324	1342	1404

MONDAY TO SATURDAY (excluding public holidays)																
	6A	X6	6	6	6A	6A	X6	6A	6A	6A	X6	6A	6A	X6	6A	
Kendal Bus Station stand C	-	1258	-	-	-	-	1358	-	-	-	1458	-	-	1608	-	
Helsington Lumley Road	-	1307	-	-	-	-	1407	-	-	-	1507	-	-	1617	-	
Levens Heaves Hotel	-	1312	-	-	-	-	1412	-	-	-	1512	-	-	1625	-	
Witherslack Road End	-	1318	-	-	-	-	1418	-	-	-	1518	-	-	1631	-	
Lindale Village	-	1322	-	-	-	-	1422	-	-	-	1522	-	-	1635	-	
Grange Railway Station 	-	1328	-	-	-	-	1428	-	-	-	1528	-	-	1641	-	
Lindale Lyngarth	-	1332	-	-	-	-	1432	-	-	-	1532	-	-	1645	-	
High Newton	-	1338	-	-	-	-	1438	-	-	-	1538	-	-	1651	-	
Windermere Railway Station 	-	-	1338	1348	-	-	-	-	-	-	-	-	-	-	-	
Bowness Pier	-	-	1346	1356	-	-	-	-	-	-	-	-	-	-	-	
Storrs Hall Hotel	-	-	1350	1400	-	-	-	-	-	-	-	-	-	-	-	
Fell Foot Country Park	-	-	1401	1411	-	-	-	-	-	-	-	-	-	-	-	
Newby Bridge	-	1343	1404	1414	-	-	1443	-	-	-	1543	-	-	1656	-	
Backbarrow Lakeland Motor Museum	-	1344	1405	1415	-	-	1444	-	-	-	1544	-	-	1657	-	
Haverthwaite Railway Station 	-	1346	1407	1417	-	-	1446	-	-	-	1546	-	-	1659	-	
Croftlands Estate Lancastrian	1337	-	-	-	1417	1437	-	1517	1517	1537	-	1617	1637	-	1717	
Ulverston Victoria Road arrive	1344	1359	1420	1430	1424	1444	1459	1524	1524	1544	1559	1604	1644	1712	1724	
Same bus - no need to change																
Ulverston Victoria Road depart	1346	1406	1423	1433	1426	1446	1506	1527	1527	1546	1606	1626	1646	1719	1726	
Swarthmoor Miners Arms	1349	1409	1426	1436	1429	1449	1509	1530	1530	1549	1609	1629	1649	1722	1729	
Lindal-in-Furness	1353	1413	1430	1440	1433	1453	1513	1533	1533	1553	1613	1633	1653	1726	1733	
Dalton Tudor Square	1357	1417	1435	1445	1437	1457	1517	1547	1537	1557	1617	1637	1657	1730	1737	
Greystone Estate Newton Inn	1403	1423	-	-	1443	1503	1523	1554	1543	1603	1623	1643	1703	1736	1743	
Furness General Hospital	1408	-	1442	1452	1448	1508	-	1559	1548	1608	-	1648	1708	-	1748	
Abbey Road Strawberry Hotel	1413	1431	1447	1457	1453	1513	1531	1604	1553	1613	1631	1653	1713	1744	1753	
Barrow Town Hall	1424	1442	1458	1508	1504	1524	1542	1615	1604	1624	1642	1704	1724	1755	1804	

MONDAY TO SATURDAY (excluding public holidays)

	6A	6	X6	6A	X6	6	X6	6A	X6	6A	6	6A	X6	6	X6
Kendal Bus Station stand C	-	1645	1645	-	1712	-	1810	-	1910	-	-	-	2135	-	2310
Helsington Lumley Road	-	-	1700	-	1727	-	1822	-	1919	-	-	-	2143	-	2318
Levens Heaves Hotel	-	-	1708	-	1732	-	1827	-	1924	-	-	-	2148	-	2323
Witherslack Road End	-	-	1714	-	1738	-	1833	-	1932	-	-	-	2153	-	2328
Lindale Village	-	-	1718	-	1742	-	1837	-	1936	-	-	-	2157	-	2332
Grange Railway Station 	-	-	1724	-	1748	-	1843	-	1942	-	-	-	2203	-	2338
Lindale Lyngarth	-	-	1728	-	1752	-	1847	-	1946	-	-	-	2207	-	2342
High Newton	-	-	1734	-	1758	-	-	-	-	-	-	-	-	-	-
Staveley Abbey Square	-	1657	-	-	-	-	-	-	-	-	-	-	-	-	-
Windermere Railway Station 	-	1713	-	-	-	1800	-	-	-	-	2000	-	-	2312	-
Bowness Pier	-	1721	-	-	-	1808	-	-	-	-	2008	-	-	2320	-
Storrs Hall Hotel	-	1725	-	-	-	1812	-	-	-	-	2012	-	-	2324	-
Fell Foot Country Park	-	1736	-	-	-	1823	-	-	-	-	2023	-	-	2335	-
Newby Bridge	-	1739	1739	-	1804	1826	1855	-	1954	-	2026	-	2215	2338	2350
Backbarrow Lakeland Motor Museum	-	1740	1740	-	1805	1827	1856	-	1955	-	2027	-	2216	2339	2351
Haverthwaite Railway Station 	-	1742	1742	-	1807	1829	1858	-	1957	-	2029	-	2218	2341	2353
Croftlands Estate Lancastrian	1737	-	-	1817	-	-	-	1908	-	2023	-	2123	-	-	-
Ulverston Victoria Road arrive	1744	1755	1755	1824	1820	1842	1911	1915	2010	2030	2042	2130	2230	2353	0005
Same bus - no need to change															
Ulverston Victoria Road depart	1746	1759	1759	1826	1827	1845	1915	1917	2013	2032	2046	2132	2233	2356	0008
Swarthmoor Miners Arms	1749	1802	1802	1829	1830	1848	1918	1920	2016	2035	2049	2135	2236	2359	0011
Lindal-in-Furness	1753	1806	1806	1833	1834	1852	1922	1924	2020	2038	2052	2138	2239	0002	0014
Dalton Tudor Square	1757	1810	1810	1837	1838	1856	1926	1928	2024	2042	2056	2142	2243	0006	0018
Greystone Estate Newton Inn	1803	-	1816	1843	1844	-	1932	1933	2029	2047	-	2147	2248	-	0023
Furness General Hospital	1808	1817	-	1848	-	1903	-	1938	-	2052	2103	2152	-	0013	-
Abbey Road Strawberry Hotel	1813	1822	1824	1853	1851	1908	1939	1943	2036	2056	2107	2156	2255	0017	0029
Barrow Town Hall	1824	1833	1835	1904	1901	1919	1949	1953	2046	2106	2117	2206	2305	0027	0039

SUNDAY (including public holidays)

	6	6A	6A	X6	6	X6	6	X6	6	X6	6	X6	6A	6A	6A	6
Kendal Bus Station stand C	0720	-	-	-	1120	-	1320	-	1520	-	1720	-	-	-	-	2248
Kendal Blackhall Road stand F	-	-	-	1030	-	1230	-	1430	-	1630	1720	1830	-	-	-	-
Helsington Lumley Road	-	-	-	1039	-	1239	-	1439	-	1639	-	1839	-	-	-	-
Levens Heaves Hotel	-	-	-	1044	-	1244	-	1444	-	1644	-	1844	-	-	-	-
Witherslack Road End	-	-	-	1049	-	1249	-	1449	-	1649	-	1849	-	-	-	-
Lindale Village	-	-	-	1053	-	1253	-	1453	-	1653	-	1853	-	-	-	-
Grange Railway Station 	-	-	-	1059	-	1259	-	1459	-	1659	-	1859	-	-	-	-
Lindale Lyngarth	-	-	-	1103	-	1303	-	1503	-	1703	-	1903	-	-	-	-
Staveley Abbey Square	0732	-	-	-	1132	-	1332	-	1532	-	1732	-	-	-	-	2300
Windermere Railway Station 	0747	-	-	-	1147	-	1347	-	1547	-	1747	-	-	-	-	2314
Bowness Pier	0755	-	-	-	1155	-	1355	-	1555	-	1755	-	-	-	-	2322
Storrs Hall Hotel	0759	-	-	-	1159	-	1359	-	1559	-	1759	-	-	-	-	2326
Fell Foot Country Park	0810	-	-	-	1210	-	1410	-	1610	-	1810	-	-	-	-	2337
Newby Bridge	0813	-	-	1113	1213	1313	1413	1513	1613	1713	1813	1913	-	-	-	2340
Backbarrow Lakeland Motor Museum	0814	-	-	1114	1214	1314	1414	1514	1614	1714	1814	1914	-	-	-	2341
Haverthwaite Railway Station 	0816	-	-	1116	1216	1316	1416	1516	1616	1716	1816	1916	-	-	-	2343
Ulverston Victoria Road arrive	0829	-	-	1129	1229	1329	1429	1529	1629	1729	1829	1929	-	-	-	2354
Same bus - no need to change																
Ulverston Victoria Road depart	0830	0930	1030	1132	1232	1332	1432	1532	1632	1732	1832	1932	2010	2140	2310	2356
Croftlands Central Drive	0836	0936	1036	1138	1238	1338	1438	1538	1638	1738	1838	1938	2016	2146	2316	-
Lindal-in-Furness	0843	0943	1043	1145	1245	1345	1445	1545	1645	1745	1845	1945	2023	2153	2323	0002
Dalton Tudor Square	0847	0947	1047	1149	1249	1349	1449	1549	1649	1749	1849	1949	2027	2157	2327	0006
Greystone Estate Newton Inn	0852	0953	1053	1155	1255	1355	1455	1555	1655	1755	1855	1955	2032	2202	2332	-
Furness General Hospital	0857	0958	1058	1200	1300	1400	1500	1600	1700	1800	1900	2000	2037	2207	2337	0013
Abbey Road Strawberry Hotel	0902	1003	1103	1205	1305	1405	1505	1605	1705	1805	1905	2005	2041	2211	2341	0017
Barrow Town Hall	0913	1014	1114	1216	1316	1416	1516	1616	1716	1816	1916	2015	2051	2221	2351	0027