

MONDAY TO SATURDAY (excluding Public Holidays)

	300	302	300	302		300	302		300	302	300	302	300	300	301	301	301	301	
Workington Bus Station stand C	0536	0706	0736	0806	Then every 30 mins at	36	06	until	1536	1606	1636	1715	1736	1833	1927	2027	2227	0015	
Lillyhall Blackwood Road	0543	0713	0743	0813		45	13		1545	1614	1645	1723	1743	1840	-	-	-	-	
Lillyhall Joseph Noble Road	0545	0715	0745	0815		-	15		-	1617	-	1726	1745	1842	-	-	-	-	
Harrington Church Road	-	-	-	-		-	-		-	-	-	-	-	-	-	1935	2035	2235	0022
Distington Main Street	-	0721	0751	0821		-	21		-	1624	-	1733	1751	-	-	1940	2040	2240	0027
Whitehaven Bransty Row	0557	0730	0800	0830		59	30		1559	1634	1659	1743	1800	1856	1948	2048	2248	0035	
Whitehaven Lowther Street	0559	0732	0802	0832		01	32		1601	1637	1701	1746	1802	1858	1952	2052	2252	0040	

SUNDAY (including public holidays)

	301	301	301	301	301	301	301
Workington Bus Station stand C	0932	1132	1332	1532	1732	1932	2132
Harrington Church Road	0942	1142	1342	1542	1742	1942	2142
Distington Main Street	0949	1149	1349	1549	1749	1949	2149
Whitehaven Bransty Row	0958	1158	1358	1558	1758	1958	2158
Whitehaven Lowther Street	1000	1200	1400	1600	1800	2000	2200

Key

This journey stops at Duke Street instead of Lowther Street and continues to West Cumberland Hospital

- Stop not served

MONDAY TO SATURDAY (excluding public holidays)

	300	300	300	302	300		302	300		302	300	302	300	302	301	301
Whitehaven Lowther Street	0525	0600	0640	0735	0805	Then every 30 mins at	35	05	until	1535	1605	1640	1705	1750	1920	2100
Whitehaven Bransty Row	0527	0602	0642	0737	0807		37	07		1537	1607	1642	1707	1752	1922	2102
Distington Main Street	0534	0609	0649	0744	-		44	-		1544	-	1650	-	1759	1931	2111
Lillyhall Joseph Noble Road	0538	0613	0654	0749	-		49	-		1549	-	1657	-	1804	-	-
Lillyhall Blackwood Road	0539	0614	0656	0751	0819		51	19		1551	1619	1700	1719	1806	-	-
Harrington Church Road	-	-	-	-	-		-	-		-	-	-	-	-	1937	2117
Workington Bus Station	0549	0624	0707	0802	0830	02	30	1602	1630	1712	1730	1817	1947	2127		

Key

- Stop not served

SUNDAY (including public holidays)

	301	301	301	301	301	301
Whitehaven Lowther Street	0802	1002	1202	1402	1602	1802
Whitehaven Bransty Row	0804	1004	1204	1404	1604	1804
Distington Main Street	0812	1012	1212	1412	1612	1812
Harrington Church Road	0819	1019	1219	1419	1619	1819
Workington Bus Station stand C	0832	1032	1232	1432	1632	1832



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