

MONDAY TO SATURDAY (excluding public holidays)															
	29	29	29A	29	29A	29	Then at these mins past each hour	29A	29	Until	29A	29	29A	29	29
Workington Bus Station Stand C	0523	0606	0706	0738	0813	0843		13	43		1613	1643	1718	1748	1852
Lillyhall Blackwood Road	0532	0615	0715	0748	0823	0853		23	53		1623	1653	1728	1758	1901
Lillyhall Joseph Noble Road	0535	0618	0718	0751	0826	0856		26	56		1626	1656	1731	1801	1904
Distington Main Street	0539	0622	-	0756	-	0901		-	01		-	1701	-	1805	1908
Lowca	-	-	0728	-	0836	-		36	-		1636	-	1741	-	-
Whitehaven Lowther Street	0550	0633	-	-	-	-		-	-		-	-	-	-	1919
Whitehaven Strand Street	-	-	0738	0809	0847	0915		47	15		1647	1715	1751	1818	-

For alternative journeys between Workington & Whitehaven, please see the 30 Service timetable.

Key

Monday to Friday only

- Stop not served

MONDAY TO SATURDAY (excluding public holidays)															
	29	29	29	29	29A	29	Then at these mins past each hour	29A	29	Until	29A	29	29A	29	29
Whitehaven Lowther Street	0535	0551	0635	0733	0807	0837		07	37		1607	1640	1713	1743	1920
Lowca	-	-	-	-	0817	-		17	-		1617	-	1723	-	-
Distington Main Street	0546	0602	0646	0746	-	0850		-	50		-	1653	-	1756	1931
Lillyhall Joseph Noble Road	0550	0606	0650	0751	0827	0855		27	55		1627	1658	1733	1801	1935
Lillyhall Blackwood Road	0553	0609	0653	0754	0830	0858		30	58		1630	1701	1736	1804	1938
Workington Bus Station	0602	0618	0702	0804	0840	0908		40	08		1640	1711	1746	1814	1947

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