

Workington • Cockermouth • Keswick • Penrith

X4 X5

Mondays to Saturday excluding public holidays

Route Number	X5	X5	X5	X4	X5	X5	X4	X5	X4	X5	X4	X5	X4	X5	X4	X5	X5
Workington Bus Station stand A	0510	0610	0710	0740	0856	0915	1015	1115	1215	1315	1415	1515	1620	1715	1815	1915	2115
Clifton Hotel	0519	0619	0719	0749	0905	0924	1024	1124	1224	1324	1424	1524	1629	1724	1824	1924	2124
Bridgefoot	0524	0624	0724	0754	0910	0929	1029	1129	1229	1329	1429	1529	1634	1729	1829	1929	2129
Brigham Low Road	0529	0629	0729	0759	0915	0934	1034	1134	1234	1334	1434	1534	1639	1734	1834	1934	2134
Cockermouth Low Road				-	0922	-	-	-	-	-	-	-	-	-	-	-	-
Cockermouth Oakhurst	0532	0632	0732	0802	-	0937	1037	1137	1237	1337	1437	1537	1642	1737	1837	1937	2137
Cockermouth Main Street arrive	0537	0637	0737	0807	0924	0942	1042	1142	1242	1342	1442	1542	1647	1742	1842	1942	2142
Cockermouth Main Street depart	0537	0637	0737	0807	-	0942	1042	1142	1242	1342	1442	1542	1647	1745	1842	1945	2145
Embleton Wheatsheaf	0543	0643	0743	0813	-	0948	1048	1148	1248	1348	1448	1548	1653	1751	1848	1951	2151
Brathay Hill	0546	0646	0746	0816	-	0951	1051	1151	1251	1351	1451	1551	1656	1754	1851	1954	2154
Lakes Distillery	-	-	-	0818	-	-	1053	-	1253	-	1453	-	1658	-	1853	-	-
Castle Inn	-	-	-	0821	-	-	1056	-	1256	-	1456	-	1701	-	1856	-	-
Bassenthwaite village A591	-	-	-	0824	-	-	1059	-	1259	-	1459	-	1704	-	1859	-	-
Thornthwaite Swan Hotel	0551	0651	0751	-	-	0956	-	1156	-	1356	-	1556	-	1759	-	1959	2159
Braithwaite police station	0556	0656	0756	-	-	1001	-	1201	-	1401	-	1601	-	1804	-	2004	2204
Keswick Bus Station stand 1 arrive	0604	0704	0804	0839	-	1009	1114	1209	1314	1409	1514	1609	1719	1812	1914	2012	2212
CONNECTION	C	C	C	C	-	C	C	C	C	C	C	C	C	C	C	-	-
Keswick Bus Station stand 1 depart	0610	0710	0810	0855	-	1020	1120	1220	1320	1420	1520	1620	1720	1820	1920	-	-
Threlkeld Horse and Farrier	0621	0721	0821	0906	-	1031	1131	1231	1331	1431	1531	1631	1731	1831	1931	-	-
Troutbeck Hotel A66	0628	0728	0828	0913	-	1038	1138	1238	1338	1438	1538	1638	1738	1838	1938	-	-
Penriddock Herdwick Inn	-	-	0833	0918	-	1043	1143	1243	1343	1443	1543	1643	1743	1843	1943	-	-
Stainton Methodist Church	0638	0738	0840	0925	-	1050	1150	1250	1350	1450	1550	1650	1750	1850	1950	-	-
Rheged Centre	-	-	0847	0932	-	1057	1157	1257	1357	1457	1557	1657	1757	1857	1957	-	-
Penrith rail station R	0643	0743	0852	0937	-	1102	1202	1302	1402	1502	1602	1702	1802	1902	2002	-	-
Penrith Bus Station	0648	0748	0857	0942	-	1107	1207	1307	1407	1507	1607	1707	1807	1907	2007	-	-

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Penrith ● Keswick ● Cockermouth ● Workington

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Mondays to Saturday excluding public holidays

Route Number	X5	X5	X5	X4	X5	X4	X5	X4	X5	X4	X5	X4	X5	X4	X5	X5	X4	X5	X5
Penrith Bus Station stand 3	-	0700	-	0810	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1915	-	2015	-	-
Penrith rail station R	-	0705	-	0821	0920	1020	1120	1220	1320	1420	1520	1620	1720	1820	1920	-	2020	-	-
Rheged Centre	-	-	-	0828	0926	1026	1126	1226	1326	1426	1526	1626	1726	1826	1926	-	2026	-	-
Stainton Methodist Church	-	0711	-	0833	0931	1031	1131	1231	1331	1431	1531	1631	1731	1831	1931	-	2031	-	-
Penruddock Herdwick Inn	-	-	-	0840	0938	1038	1138	1238	1338	1438	1538	1638	1738	1838	1938	-	2038	-	-
Troutbeck road end A66	-	0721	-	0847	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843	1943	-	2043	-	-
Threlkeld Horse and Farrier	-	0728	-	0852	0950	1050	1150	1250	1350	1450	1550	1650	1750	1850	1950	-	2050	-	-
Keswick Bus Station stand 1 <i>arrive</i>	-	0739	-	0857	1001	1101	1201	1301	1401	1501	1601	1701	1801	1901	2001	-	2101	-	-
CONNECTION	-	C	-	C	C	C	C	C	C	C	C	C	C	C	C	-	C	-	-
Keswick Bus Station stand 1 <i>depart</i>	-	0740	-	0900	1010	1110	1210	1310	1410	1510	1610	1710	1810	1910	2005	2015	2105	2215	
Bassenthwaite village A591	-	-	-	0914	-	1124	-	1324	-	1524	-	1724	-	1924	-	-	2119	-	
Castle Inn Hotel	-	-	-	0917	-	1127	-	1327	-	1527	-	1727	-	1927	-	-	2122	-	
Braithwaite police station	-	0747	-	-	1017	-	1217	-	1417	-	1617	-	1817	-	2012	2022	-	2222	
Thorntwaite Swan Hotel	-	0751	-	-	1021	-	1221	-	1421	-	1621	-	1821	-	2016	2026	-	2226	
Lakes Distillery	-	-	-	0919	-	1129	-	1329	-	1529	-	1729	-	1929	-	-	2124	-	
Brathay Hill	-	0758	-	0921	1028	1131	1228	1331	1428	1531	1628	1731	1828	1931	2023	2033	2126	2233	
Embleton Wheatsheaf	-	0801	-	0924	1031	1134	1231	1334	1431	1534	1631	1734	1831	1934	2026	2036	2129	2236	
Cockermouth Main Street <i>arrive</i>	0709	0809	0930	0932	1039	1142	1239	1342	1439	1546	1639	1742	1839	1942	2034	2044	2137	2244	
Cockermouth Main Street <i>depart</i>	-	0811	-	0934	1041	1144	1241	1344	1441	1548	1641	1744	1841	1944	2036	2046	2139	2246	
Cockermouth Oakhurst	-	0816	-	0939	1046	1149	1246	1349	1446	1553	1646	1749	1846	1949	2041	2051	2144	2251	
Cockermouth Low Road	0711		0932	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Brigham Low Road	0714	0819	0935	0942	1049	1152	1249	1352	1449	1552	1649	1752	1849	1952	-	2054	2147	2254	
Bridgefoot	0719	0824	0940	0947	1054	1157	1254	1357	1454	1557	1654	1757	1854	1957	-	2059	2152	2259	
Clifton Hotel	0722	0827	0943	0950	1057	1200	1257	1400	1457	1600	1657	1800	1857	2000	2048	2102	2155	2302	
Workington Bus Station	0732	0837	0953	1000	1107	1210	1307	1410	1507	1610	1707	1810	1907	2010	2058	2112	2205	2312	

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Sundays including public holidays

Route Number	X5	X5	X5	X5	X5	X5
Workington Bus Station stand A	0715	0915	1115	1315	1515	1715
Clifton Hotel	0724	0924	1124	1324	1524	1724
Bridgefoot	0729	0929	1129	1329	1529	1729
Brigham Low Road	0734	0934	1134	1334	1534	1734
Cockermouth Oakhurst	0737	0937	1137	1337	1537	1737
Cockermouth Main Street arrive	0742	0942	1142	1342	1542	1742
Cockermouth Main Street depart	0745	0945	1145	1345	1545	1745
Embleton Wheatsheaf	0751	0951	1151	1351	1551	1751
Brathay Hill	0754	0954	1154	1354	1554	1754
Thornthwaite Swan Hotel	0759	0959	1159	1359	1559	1759
Braithwaite police station	0804	1004	1204	1404	1604	1804
Keswick Bus Station stand 1 arrive	0812	1012	1212	1412	1612	1812
CONNECTION	C	C	C	C	C	C
Keswick Bus Station stand 1 depart	0820	1020	1220	1420	1620	1820
Threlkeld Horse and Farrier	0831	1031	1231	1431	1631	1831
Troutbeck Hotel A66	0838	1038	1238	1438	1638	1838
Penriddock Herdwick Inn	0843	1043	1243	1443	1643	1843
Stainton Methodist Church	0850	1050	1250	1450	1650	1850
Rheged Centre	0857	1057	1257	1457	1657	1857
Penrith rail station R	0902	1102	1302	1502	1702	1902
Penrith Bus Station	0907	1107	1307	1507	1707	1907

R - Add National Rail Symbol

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Sundays including public holidays

Route Number	X5	X5	X5	X5	X5	X5
Penrith Bus Station stand 3	0915	1115	1315	1515	1715	1915
Penrith rail station R	0920	1120	1320	1520	1720	1920
Rheged Centre	0926	1126	1326	1526	1726	1926
Stainton Methodist Church	0931	1131	1331	1531	1731	1931
Penruddock Herdwick Inn	0938	1138	1338	1538	1738	1938
Troutbeck Hotel A66	0943	1143	1343	1543	1743	1943
Threlkeld Horse and Farrier	0950	1150	1350	1550	1750	1950
Keswick Bus Station stand 1 <i>arrive</i>	1001	1201	1401	1601	1801	2001
CONNECTION	C	C	C	C	C	C
Keswick Bus Station stand 1 <i>depart</i>	1010	1210	1410	1610	1810	2010
Bassenthwaite	1017	1217	1417	1617	1817	2017
Castle Inn Hotel	1021	1221	1421	1621	1821	2021
Braithwaite police station	1028	1228	1428	1628	1828	2028
Embleton Wheatsheaf	1031	1231	1431	1631	1831	2031
Cockermouth Main Street <i>arrive</i>	1039	1239	1439	1639	1839	2039
Cockermouth Main Street <i>depart</i>	1041	1241	1441	1641	1841	2041
Cockermouth Oakhurst	1046	1246	1446	1646	1846	2046
Brigham Low Road	1049	1249	1449	1649	1849	2049
Bridgefoot	1054	1254	1454	1654	1854	2054
Clifton Hotel	1057	1257	1457	1657	1857	2057
Workington Bus Station	1107	1307	1507	1707	1907	2107

R - Add National Rail Symbol