

Saturday
Route Number 7
Leven bus station 2 - - 0545 0615 0645 0710 0740 0810 0840 0910 0940 1010 1040 1110 1140 1210 1240 1310 1340 1410 1440 1510 1540 1610 1640 1710 1740 1810 1835t 1905 2005 2105
Lower Methil Rose Street - - 0548 0618 0648 0713 0743 0813 0843 0913 0943 1013 1043 1113 1143 1213 1243 1313 1343 1413 1443 1513 1543 1613 1643 1713 1743 1813 1838 1908 2008 2108
Buckhaven College Street - 0520 0555 0625 0655 0720 0750 0820 0850 0920 0950 1020 1050 1120 1150 1220 1250 1320 1350 1420 1450 1520 1550 1620 1650 1720 1750 1820 1844 1914 2014 2114
East Wemyss Car Shed - 0527 0602 0632 0702 0727 0757 0827 0857 0927 0957 1027 1057 1127 1157 1227 1257 1327 1357 1427 1457 1527 1557 1627 1657 1727 1757 1827 1851 1921 2021 2121
Coaltown of Wemyss PO - 0530 0605 0635 0705 0730 0800 0830 0900 0930 1000 1030 1100 1130 1200 1230 1300 1330 1400 1430 1500 1530 1600 1630 1700 1730 1800 1830 1854 1924 2024 2124
Dysart Porte - 0536 0611 0641 0711 0736 0806 0836 0906 0936 1006 1036 1106 1136 1206 1236 1306 1336 1406 1436 1506 1536 1606 1636 1706 1736 1806 1836 1859 1929 2029 2129
The Fairway Windmill Green - 0538 0613 0643 0713 0738 0808 0838 0908 0938 1008 1038 1108 1138 1208 1238 1308 1338 1408 1438 1508 1538 1608 1638 1708 1738 1808 1838 1901 1931 2031 2131
Victoria Hospital opp entranc - 0546 0621 0651 0721 0746 0816 0846 0916 0946 1016 1046 1116 1146 1216 1246 1316 1346 1416 1446 1516 1546 1616 1646 1716 1746 1816 1846 1908 1938 2038 2138
Kirkcaldy bus station - 0555 0630 0700 0730 0755 0825 0855 0925 0955 1025 1055 1125 1155 1225 1255 1325 1355 1425 1455 1525 1555 1625 1655 1725 1755 1825 1853 1914 1944 2044 2144
Kirkcaldy bus station 13 0528 0558 0633 0703 0733 0803 0833 0903 0933 1003 1033 1103 1133 1203 1233 1303 1333 1403 1433 1503 1533 1603 1633 1703 1733 1758 1828 1856 - 1946 2046 -
Links Street Philp Hall 0534 0604 0639 0709 0739 0809 0839 0909 0939 1009 1039 1109 1139 1209 1239 1309 1339 1409 1439 1509 1539 1609 1639 1709 1739 1804 1834 1900 - 1950 2050 -
Kinghorn Memorial 0544 0614 0649 0719 0749 0819 0849 0919 0949 1019 1049 1119 1149 1219 1249 1319 1349 1419 1449 1519 1549 1619 1649 1719 1749 1814 1844 1909 - 1959 2059 -
Burntisland library 0552 0622 0657 0727 0757 0827 0857 0927 0957 1027 1057 1127 1157 1227 1257 1327 1357 1427 1457 1527 1557 1627 1657 1727 1757 1822 1852 1916 - 2006 2106 -
Colinswell opp Stenhouse Driv 0557 0627 0702 0732 0802 0832 0902 0932 1002 1032 1102 1132 1202 1232 1302 1332 1402 1432 1502 1532 1602 1632 1702 1732 1802 1827 1857 1920 - 2010 2110 -
Aberdour rail station 0605 0635 0710 0740 0810 0840 0910 0940 1010 1040 1110 1140 1210 1240 1310 1340 1410 1440 1510 1540 1610 1640 1710 1740 1810 1835 1905 1925 - 2015 2115 -
Dalgety Bay opp Pentland Rise 0611 0641 0716 0746 0816 0846 0916 0946 1016 1046 1116 1146 1216 1246 1316 1346 1416 1446 1516 1546 1616 1646 1716 1746 1816 1841 1911 1931 - 2021 2121 -
Dalgety Bay Forth Reach 0617 0647 0722 0752 0822 0852 0922 0952 1022 1052 1122 1152 1222 1252 1322 1352 1422 1452 1522 1552 1622 1652 1722 1752 1822 1847 1917 1936 - 2026 2126 -
Dalgety Bay opp rail station 0621 0651 0726 0756 0826 0856 0926 0956 1026 1056 1126 1156 1226 1256 1326 1356 1426 1456 1526 1556 1626 1656 1726 1756 1826 1851 1921 1940 - 2030 2130 -
Inverkeithing Hill Street 0627 0657 0732 0802 0832 0902 0932 1002 1032 1102 1132 1202 1232 1302 1332 1402 1432 1502 1532 1602 1632 1702 1732 1802 1832 1857 - 1946 - 2036 2136 -
Rosyth crossroads opp Co-op 0632 0702 0737 0807 0837 0907 0937 1007 1037 1107 1137 1207 1237 1307 1337 1407 1437 1507 1537 1607 1637 1707 1737 1807 1837 1902 - 1951 - 2041 2141 -
Camdean Anderson Lane 0641 0711 0746 0816 0846 0916 0946 1016 1046 1116 1146 1216 1246 1316 1346 1416 1446 1516 1546 1616 1646 1716 1746 1816 1846 1910 - 1957 - 2047 2147 -
St Leonards bus depot 0649 0719 0754 0824 0854 0924 0954 1024 1054 1124 1154 1224 1254 1324 1354 1424 1454 1524 1554 1624 1654 1724 1754 1824 1854 1918 - 2004 - 2054 2154 -
Dunfermline bus station 0655 0725 0800 0830 0900 0930 1000 1030 1100 1130 1200 1230 1300 1330 1400 1430 1500 1530 1600 1630 1700 1730 1800 1830 1900 1924 - 2010 - 2100 2200 -

Route Number 7
Dunfermline bus station 12 - - - 0700 0730 0805 0835 0905 0935 1005 1035 1105 1135 1205 1235 1305 1335 1405 1435 1505 1535 1605 1635 1705 1735 1805 1835t 1905 2005 2105 2205
St Leonards Asda - - - 0706 0736 0811 0841 0911 0941 1011 1041 1111 1141 1211 1241 1311 1341 1411 1441 1511 1541 1611 1641 1711 1741 1811 1841 1911 2011 2111 2211
Camdean Anderson Lane - - - 0714 0744 0819 0849 0919 0949 1019 1049 1119 1149 1219 1249 1319 1349 1419 1449 1519 1549 1619 1649 1719 1749 1819 1849 1918 2018 2118 2218
Rosyth crossroads Co-op - - - 0721 0751 0826 0856 0926 0956 1026 1056 1126 1156 1226 1256 1326 1356 1426 1456 1526 1556 1626 1656 1726 1756 1826 1856 1924 2024 2124 2224
Inverkeithing Square - - - 0726 0756 0831 0901 0931 1001 1031 1101 1131 1201 1231 1301 1331 1401 1431 1501 1531 1601 1631 1701 1731 1801 1831 1901 1929 2029 2129 2229
Dalgety Bay rail station 0552 - 0702 0732 0802 0837 0907 0937 1007 1037 1107 1137 1207 1237 1307 1337 1407 1437 1507 1537 1607 1637 1707 1737 1807 1837 1907 1935 2035 2135 2235
Dalgety Bay opp Forth Reach 0556 - 0706 0736 0806 0841 0911 0941 1011 1041 1111 1141 1211 1241 1311 1341 1411 1441 1511 1541 1611 1641 1711 1741 1811 1841 1911 1939 2039 2139 2239
Dalgety Bay Pentland Rise 0602 - 0712 0742 0812 0847 0917 0947 1017 1047 1117 1147 1217 1247 1317 1347 1417 1447 1517 1547 1617 1647 1717 1747 1817 1847 1917 1944 2044 2144 2244
Aberdour opp rail station 0608 - 0718 0748 0818 0853 0923 0953 1023 1053 1123 1153 1223 1253 1323 1353 1423 1453 1523 1553 1623 1653 1723 1753 1823 1853 1923 1950 2050 2150 2250
Colinswell Stenhouse Drive 0615 0645 0725 0755 0825 0900 0930 1000 1030 1100 1130 1200 1230 1300 1330 1400 1430 1500 1530 1600 1630 1700 1730 1800 1830 1900 1930 1955 2055 2155 2255
Burntisland opp library 0621 0651 0731 0801 0831 0906 0936 1006 1036 1106 1136 1206 1236 1306 1336 1406 1436 1506 1536 1606 1636 1706 1736 1806 1836 1906 1936 1959 2059 2159 2259
Kinghorn opp Memorial 0629 0659 0739 0809 0839 0914 0944 1014 1044 1114 1144 1214 1244 1314 1344 1414 1444 1514 1544 1614 1644 1714 1744 1814 1844 1914 1944 2006 2106 2206 2306
Links Street opp Philp Hall 0649 0709 0749 0819 0849 0924 0954 1024 1054 1124 1154 1224 1254 1324 1354 1424 1454 1524 1554 1624 1654 1724 1754 1824 1854 1924 1954 2014 2114 2214 2314
Kirkcaldy bus station 0645 0715 0755 0825 0855 0930 1000 1030 1100 1130 1200 1230 1300 1330 1400 1430 1500 1530 1600 1630 1700 1730 1800 1830 1900 1930 2000 2019 2119 2219 2319
Kirkcaldy bus station 1 0647 0722 0757 0832 0902 0937 1007 1037 1107 1137 1207 1237 1307 1337 1407 1437 1507 1537 1607 1637 1707 1737 1807 1832 1902 1932 - 2021 2121 2221 2321
Victoria Hospital entrance 0654 0729 0806 0841 0911 0946 1016 1046 1116 1146 1216 1246 1316 1346 1416 1446 1516 1546 1616 1646 1716 1746 1816 1841 1908 1938 - 2027 2127 2227 2327
The Fairway Windmill Green 0702 0737 0815 0850 0920 0955 1025 1055 1125 1155 1225 1255 1325 1355 1425 1455 1525 1555 1625 1655 1725 1755 1825 1850 1915 1945 - 2034 2134 2234 2334
Dysart opp Porte 0704 0739 0817 0852 0922 0957 1027 1057 1127 1157 1227 1257 1327 1357 1427 1457 1527 1557 1627 1657 1727 1757 1827 1852 1917 1947 - 2036 2136 2236 2336
Coaltown of Wemyss opp PO 0710 0745 0823 0858 0928 1003 1033 1103 1133 1203 1233 1303 1333 1403 1433 1503 1533 1603 1633 1703 1733 1803 1833 1858 1922 1952 - 2041 2141 2241 2341
East Wemyss opp Car Shed 0713 0748 0827 0902 0932 1007 1037 1107 1137 1207 1237 1307 1337 1407 1437 1507 1537 1607 1637 1707 1737 1807 1837 1902 1925 1955 - 2044 2144 2244 2344
Buckhaven College Street 0720 0755 0835 0910 0940 1015 1045 1115 1145 1215 1245 1315 1345 1415 1445 1515 1545 1615 1645 1715 1745 1815 1845 1910 1932 2002 - 2051 2151 2251 2351
Lower Methil Rose Street 0727 0802 0842 0917 0947 1022 1052 1122 1152 1222 1252 1322 1352 1422 1452 1522 1552 1622 1652 1722 1752 1822 1852 1917 1938 2008 - 2057 2157 2257 2357
Leven bus station 0730 0805 0845 0920 0950 1025 1055 1125 1155 1225 1255 1325 1355 1425 1455 1525 1555 1625 1655 1725 1755 1825 1855 1920 1941 2011 - 2100 2200 2300 0000

Sunday																
Route Number	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7
Leven bus station 2	-	0645	0745	0845	0945	1045	1145	1245	1345	1445	1545	1645	1805	1905	2005	2105
Lower Methil Rose Street	-	0648	0748	0848	0948	1048	1148	1248	1348	1448	1548	1648	1808	1908	2008	2108
Buckhaven College Street	-	0655	0755	0855	0955	1055	1155	1255	1355	1455	1555	1655	1815	1915	2015	2115
East Wemyss Car Shed	-	0702	0802	0902	1002	1102	1202	1302	1402	1502	1602	1702	1822	1922	2022	2122
Coaltown of Wemyss PO	-	0705	0805	0905	1005	1105	1205	1305	1405	1505	1605	1705	1825	1925	2025	2125
Dysart Porte	-	0711	0811	0911	1011	1111	1211	1311	1411	1511	1611	1711	1831	1931	2031	2131
The Fairway Windmill Green	-	0713	0813	0913	1013	1113	1213	1313	1413	1513	1613	1713	1833	1933	2033	2133
Victoria Hospital opp entranc	-	0721	0821	0921	1021	1121	1221	1321	1421	1521	1621	1721	1837	1937	2037	2137
Kirkcaldy bus station	-	0730	0830	0930	1030	1130	1230	1330	1430	1530	1630	1730	1844	1944	2044	2144
Kirkcaldy bus station 13	0635	0735	0835	0935	1035	1135	1235	1335	1435	1535	1635	1735	1846	1946	2046	-
Links Street Philp Hall	0641	0741	0841	0941	1041	1141	1241	1341	1441	1541	1641	1741	1850	1950	2050	-
Kinghorn Memorial	0651	0751	0851	0951	1051	1151	1251	1351	1451	1551	1651	1751	1859	1959	2059	-
Burntisland library	0659	0759	0859	0959	1059	1159	1259	1359	1459	1559	1659	1759	1906	2006	2106	-
Colinswell opp Stenhouse Driv	0704	0804	0904	1004	1104	1204	1304	1404	1504	1604	1704	1804	1910	2010	2110	-
Aberdour rail station	0712	0812	0912	1012	1112	1212	1312	1412	1512	1612	1712	1812	1915	2015	2115	-
Dalgety Bay opp Pentland Rise	0718	0818	0918	1018	1118	1218	1318	1418	1518	1618	1718	1818	1921	2021	2121	-
Dalgety Bay Forth Reach	0724	0824	0924	1024	1124	1224	1324	1424	1524	1624	1724	1824	1926	2026	2126	-
Dalgety Bay opp rail station	0728	0828	0928	1028	1128	1228	1328	1428	1528	1628	1728	1828	1930	2030	2130	-
Inverkeithing Hill Street	0734	0834	0934	1034	1134	1234	1334	1434	1534	1634	1734	1834	1936	2036	2136	-
Rosyth crossroads opp Co-op	0739	0839	0939	1039	1139	1239	1339	1439	1539	1639	1739	1839	1941	2041	2141	-
Camdean Anderson Lane	0746	0846	0946	1046	1146	1246	1346	1446	1546	1646	1746	1846	1947	2047	2147	-
St Leonards bus depot	0753	0853	0953	1053	1153	1253	1353	1453	1553	1653	1753	1853	1954	2054	2154	-
Dunfermline bus station	0759	0859	0959	1059	1159	1259	1359	1459	1559	1659	1759	1859	2000	2100	2200	-

Route Number	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7
Dunfermline bus station 12	-	0805	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805	1905	2005	2105	2205
St Leonards Asda	-	0811	0911	1011	1111	1211	1311	1411	1511	1611	1711	1811	1911	2011	2111	2211
Camdean Anderson Lane	-	0819	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	1918	2018	2118	2218
Rosyth crossroads Co-op	-	0826	0926	1026	1126	1226	1326	1426	1526	1626	1726	1826	1924	2024	2124	2224
Inverkeithing Square	-	0831	0931	1031	1131	1231	1331	1431	1531	1631	1731	1831	1929	2029	2129	2229
Dalgety Bay rail station	-	0837	0937	1037	1137	1237	1337	1437	1537	1637	1737	1837	1935	2035	2135	2235
Dalgety Bay opp Forth Reach	-	0841	0941	1041	1141	1241	1341	1441	1541	1641	1741	1841	1939	2039	2139	2239
Dalgety Bay Pentland Rise	-	0847	0947	1047	1147	1247	1347	1447	1547	1647	1747	1847	1944	2044	2144	2244
Aberdour opp rail station	-	0853	0953	1053	1153	1253	1353	1453	1553	1653	1753	1853	1950	2050	2150	2250
Colinswell Stenhouse Drive	-	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	1955	2055	2155	2255
Burntisland opp library	-	0906	1006	1106	1206	1306	1406	1506	1606	1706	1806	1906	1959	2059	2159	2259
Kinghorn opp Memorial	-	0914	1014	1114	1214	1314	1414	1514	1614	1714	1814	1914	2006	2106	2206	2306
Links Street opp Philp Hall	-	0924	1024	1124	1224	1324	1424	1524	1624	1724	1824	1924	2014	2114	2214	2314
Kirkcaldy bus station	-	0930	1030	1130	1230	1330	1430	1530	1630	1730	1830	1930	2019	2119	2219	2319
Kirkcaldy bus station 1	0740	0935	1035	1135	1235	1335	1435	1535	1635	1735	1835	1935	2021	2121	2221	2321
Victoria Hospital entrance	0748	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843	1942	2028	2128	2228	2328
The Fairway Windmill Green	0756	0951	1051	1151	1251	1351	1451	1551	1651	1751	1851	1946	2032	2132	2232	2332
Dysart opp Porte	0758	0953	1053	1153	1253	1353	1453	1553	1653	1753	1853	1948	2034	2134	2234	2334
Coaltown of Wemyss opp PO	0804	0959	1059	1159	1259	1359	1459	1559	1659	1759	1859	1954	2040	2140	2240	2340
East Wemyss opp Car Shed	0807	1002	1102	1202	1302	1402	1502	1602	1702	1802	1902	1957	2043	2143	2243	2343
Buckhaven College Street	0814	1009	1109	1209	1309	1409	1509	1609	1709	1809	1909	2004	2050	2150	2250	2350
Lower Methil Rose Street	0821	1016	1116	1216	1316	1416	1516	1616	1716	1816	1916	2011	2057	2157	2257	2357
Leven bus station	0824	1019	1119	1219	1319	1419	1519	1619	1719	1819	1919	2014	2100	2200	2300	0000