

**Monday - Friday**

Route Number	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	
Dalgety Bay Regents Way	-	-	-	-	-	-	800	830	900	930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830
Dalgety Bay The Bridges	-	-	-	-	-	-	803	833	903	933	1003	1033	1103	1133	1203	1233	1303	1333	1403	1433	1503	1533	1603	1633	1703	1733	1803	1833
Dalgety Bay Forth Reach	-	-	-	-	-	-	805	835	905	935	1005	1035	1105	1135	1205	1235	1305	1335	1405	1435	1505	1535	1605	1635	1705	1735	1805	1835
Dalgety Bay opp rail station	-	-	-	-	-	-	809	839	909	939	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439	1509	1539	1609	1639	1709	1739	1809	1839
Inverkeithing Hill Street	-	-	-	-	-	-	815	845	915	945	1015	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545	1615	1645	1715	1745	1815	1845
Rosyth crossroads opp Co-op	-	-	-	-	-	-	820	850	920	950	1020	1050	1120	1150	1220	1250	1320	1350	1420	1450	1520	1550	1620	1650	1720	1750	1820	1850
Middlebank Street Holborn Pl	-	-	-	-	-	-	824	854	924	954	1024	1054	1124	1154	1224	1254	1324	1354	1424	1454	1524	1554	1624	1654	1724	1754	1824	1854
St Leonards bus depot	533	603	-	703	-	-	833	903	933	1003	1033	1103	1133	1203	1233	1303	1333	1403	1433	1503	1533	1603	1633	1703	1733	1803	1833	1903
Dunfermline bus station	539	609	-	709	-	-	839	909	939	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439	1509	1539	1609	1639	1709	1739	1809	1839	1909
Dunfermline bus station 2	540	610	640	713	743	813	843	913	943	1013	1043	1113	1143	1213	1243	1313	1343	1413	1443	1513	1543	1613	1643	1713	1743	1813	1843	-
Queen Margaret Hospital	549	619	649	725	755	825	855	925	955	1025	1055	1125	1155	1225	1255	1325	1355	1425	1455	1525	1555	1625	1655	1725	1755	1825	1855	-
Kingseat Main Street	554	624	654	730	800	830	900	930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	-
Kelty Cross Oakfield Street	559	629	659	735	805	835	905	935	1005	1035	1105	1135	1205	1235	1305	1335	1405	1435	1505	1535	1605	1635	1705	1735	1805	1835	1905	-
Kelty opp Westcroft Way	602	632	702	738	808	838	908	938	1008	1038	1108	1138	1208	1238	1308	1338	1408	1438	1508	1538	1608	1638	1708	1738	1808	1838	1908	-

Route Number	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B
Kelty opp Westcroft Way	603	640	710	740	810	840	910	940	1010	1040	1110	1140	1210	1240	1310	1340	1410	1440	1510	1540	1610	1640	1710	1740	1810	1840	1910
Beechbank Crescent	607	644	714	744	814	844	914	944	1014	1044	1114	1144	1214	1244	1314	1344	1414	1444	1514	1544	1614	1644	1714	1744	1814	1844	1914
Keltyhill Road Keltyhill Cres	611	648	718	748	818	848	918	948	1018	1048	1118	1148	1218	1248	1318	1348	1418	1448	1518	1548	1618	1648	1718	1748	1818	1848	1918
Kelty Cross Main Street	616	653	723	753	823	853	923	953	1023	1053	1123	1153	1223	1253	1323	1353	1423	1453	1523	1553	1623	1653	1723	1753	1823	1853	1923
Kingseat Main Street	621	658	728	758	828	858	928	958	1028	1058	1128	1158	1228	1258	1328	1358	1428	1458	1528	1558	1628	1658	1728	1758	1828	1858	1928
Queen Margaret Hospital	627	704	734	804	834	904	934	1004	1034	1104	1134	1204	1234	1304	1334	1404	1434	1504	1534	1604	1634	1704	1734	1804	1834	1904	1934
Dunfermline bus station	637	716	746	816	846	916	946	1016	1046	1116	1146	1216	1246	1316	1346	1416	1446	1516	1546	1616	1646	1716	1746	1816	1844	1914	1944
Dunfermline bus station 12	-	720	750	820	850	920	950	1020	1050	1120	1150	1220	1250	1320	1350	1420	1450	1520	1550	1620	1650	1720	1750	1818	1846	1916	1946
St Leonards Asda	-	726	756	826	856	926	956	1026	1056	1126	1156	1226	1256	1326	1356	1426	1456	1526	1556	1626	1656	1726	1756	1824	1852	1922	1952
Middlebank St opp Holborn Pl	-	734	804	834	904	934	1004	1034	1104	1134	1204	1234	1304	1334	1404	1434	1504	1534	1604	1634	1704	1734	1804	-	-	-	-
Rosyth crossroads Co-op	-	738	808	838	908	938	1008	1038	1108	1138	1208	1238	1308	1338	1408	1438	1508	1538	1608	1638	1708	1738	1808	-	-	-	-
Inverkeithing Square	-	743	813	843	913	943	1013	1043	1113	1143	1213	1243	1313	1343	1413	1443	1513	1543	1613	1643	1713	1743	1813	-	-	-	-
Dalgety Bay rail station	-	749	819	849	919	949	1019	1049	1119	1149	1219	1249	1319	1349	1419	1449	1519	1549	1619	1649	1719	1749	1819	-	-	-	-
Dalgety Bay opp Forth Reach	-	753	823	853	923	953	1023	1053	1123	1153	1223	1253	1323	1353	1423	1453	1523	1553	1623	1653	1723	1753	1823	-	-	-	-
Dalgety Bay opp The Bridges	-	756	826	856	926	956	1026	1056	1126	1156	1226	1256	1326	1356	1426	1456	1526	1556	1626	1656	1726	1756	1826	-	-	-	-
Dalgety Bay Regents Way shops	-	759	829	859	929	959	1029	1059	1129	1159	1229	1259	1329	1359	1429	1459	1529	1559	1629	1659	1729	1759	1829	-	-	-	-

SATURDAY																												
Route Number	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	
Dalgety Bay Regents Way	-	-	-	-	-	-	800	830	900	930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830
Dalgety Bay The Bridges	-	-	-	-	-	-	803	833	903	933	1003	1033	1103	1133	1203	1233	1303	1333	1403	1433	1503	1533	1603	1633	1703	1733	1803	1833
Dalgety Bay Forth Reach	-	-	-	-	-	-	805	835	905	935	1005	1035	1105	1135	1205	1235	1305	1335	1405	1435	1505	1535	1605	1635	1705	1735	1805	1835
Dalgety Bay opp rail station	-	-	-	-	-	-	809	839	909	939	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439	1509	1539	1609	1639	1709	1739	1809	1839
Inverkeithing Hill Street	-	-	-	-	-	-	815	845	915	945	1015	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545	1615	1645	1715	1745	1815	1845
Rosyth crossroads opp Co-op	-	-	-	-	-	-	820	850	920	950	1020	1050	1120	1150	1220	1250	1320	1350	1420	1450	1520	1550	1620	1650	1720	1750	1820	1850
Middlebank Street Holborn Pl	-	-	-	-	-	-	824	854	924	954	1024	1054	1124	1154	1224	1254	1324	1354	1424	1454	1524	1554	1624	1654	1724	1754	1824	1854
St Leonards bus depot	533	603	-	703	-	-	833	903	933	1003	1033	1103	1133	1203	1233	1303	1333	1403	1433	1503	1533	1603	1633	1703	1733	1803	1833	1903
Dunfermline bus station	539	609	-	709	-	-	839	909	939	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439	1509	1539	1609	1639	1709	1739	1809	1839	1909
Dunfermline bus station 2	540	610	640	713	743	813	843	913	943	1013	1043	1113	1143	1213	1243	1313	1343	1413	1443	1513	1543	1613	1643	1713	1743	1813	1843	-
Queen Margaret Hospital	549	619	649	725	755	825	855	925	955	1025	1055	1125	1155	1225	1255	1325	1355	1425	1455	1525	1555	1625	1655	1725	1755	1825	1855	-
Kingseat Main Street	554	624	654	730	800	830	900	930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	-
Kelty Cross Oakfield Street	559	629	659	735	805	835	905	935	1005	1035	1105	1135	1205	1235	1305	1335	1405	1435	1505	1535	1605	1635	1705	1735	1805	1835	1905	-
Kelty opp Westcroft Way	602	632	702	738	808	838	908	938	1008	1038	1108	1138	1208	1238	1308	1338	1408	1438	1508	1538	1608	1638	1708	1738	1808	1838	1908	-

Route Number	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B	7B
Kelty opp Westcroft Way	603	640	710	740	810	840	910	940	1010	1040	1110	1140	1210	1240	1310	1340	1410	1440	1510	1540	1610	1640	1710	1740	1810	1840	1910
Beechbank Crescent	607	644	714	744	814	844	914	944	1014	1044	1114	1144	1214	1244	1314	1344	1414	1444	1514	1544	1614	1644	1714	1744	1814	1844	1914
Keltyhill Road Keltyhill Cres	611	648	718	748	818	848	918	948	1018	1048	1118	1148	1218	1248	1318	1348	1418	1448	1518	1548	1618	1648	1718	1748	1818	1848	1918
Kelty Cross Main Street	616	653	723	753	823	853	923	953	1023	1053	1123	1153	1223	1253	1323	1353	1423	1453	1523	1553	1623	1653	1723	1753	1823	1853	1923
Kingseat Main Street	621	658	728	758	828	858	928	958	1028	1058	1128	1158	1228	1258	1328	1358	1428	1458	1528	1558	1628	1658	1728	1758	1828	1858	1928
Queen Margaret Hospital	627	704	734	804	834	904	934	1004	1034	1104	1134	1204	1234	1304	1334	1404	1434	1504	1534	1604	1634	1704	1734	1804	1834	1904	1934
Dunfermline bus station	637	716	746	816	846	916	946	1016	1046	1116	1146	1216	1246	1316	1346	1416	1446	1516	1546	1616	1646	1716	1746	1816	1844	1914	1944
Dunfermline bus station 12	-	720	750	820	850	920	950	1020	1050	1120	1150	1220	1250	1320	1350	1420	1450	1520	1550	1620	1650	1720	1750	1818	1846	1916	1946
St Leonards Asda	-	726	756	826	856	926	956	1026	1056	1126	1156	1226	1256	1326	1356	1426	1456	1526	1556	1626	1656	1726	1756	1824	1852	1922	1952
Middlebank St opp Holborn Pl	-	734	804	834	904	934	1004	1034	1104	1134	1204	1234	1304	1334	1404	1434	1504	1534	1604	1634	1704	1734	1804	-	-	-	-
Rosyth crossroads Co-op	-	738	808	838	908	938	1008	1038	1108	1138	1208	1238	1308	1338	1408	1438	1508	1538	1608	1638	1708	1738	1808	-	-	-	-
Inverkeithing Square	-	743	813	843	913	943	1013	1043	1113	1143	1213	1243	1313	1343	1413	1443	1513	1543	1613	1643	1713	1743	1813	-	-	-	-
Dalgety Bay rail station	-	749	819	849	919	949	1019	1049	1119	1149	1219	1249	1319	1349	1419	1449	1519	1549	1619	1649	1719	1749	1819	-	-	-	-
Dalgety Bay opp Forth Reach	-	753	823	853	923	953	1023	1053	1123	1153	1223	1253	1323	1353	1423	1453	1523	1553	1623	1653	1723	1753	1823	-	-	-	-
Dalgety Bay opp The Bridges	-	756	826	856	926	956	1026	1056	1126	1156	1226	1256	1326	1356	1426	1456	1526	1556	1626	1656	1726	1756	1826	-	-	-	-
Dalgety Bay Regents Way shops	-	759	829	859	929	959	1029	1059	1129	1159	1229	1259	1329	1359	1429	1459	1529	1559	1629	1659	1729	1759	1829	-	-	-	-

SUNDAY																										
Route Number	7B	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	
North Queensferry Battery Roa	-	-	912	-	1012	-	1112	-	1212	-	1312	-	1412	-	1512	-	1612	-	1712	-	1812	-	1912	-	2012	2112
Ferrytoll park & ride 3	-	-	916	-	1016	-	1116	-	1216	-	1316	-	1416	-	1516	-	1616	-	1716	-	1816	-	1916	-	2016	2116
Inverkeithing rail station	-	-	920	-	1020	-	1120	-	1220	-	1320	-	1420	-	1520	-	1620	-	1720	-	1820	-	1920	-	2020	2120
Inverkeithing Hill Street	-	-	922	-	1022	-	1122	-	1222	-	1322	-	1422	-	1522	-	1622	-	1722	-	1822	-	1922	-	2022	2122
Rosyth crossroads opp Co-op	-	-	927	-	1027	-	1127	-	1227	-	1327	-	1427	-	1527	-	1627	-	1727	-	1827	-	1927	-	2027	2127
Middlebank Street Holborn Pl	-	-	930	-	1030	-	1130	-	1230	-	1330	-	1430	-	1530	-	1630	-	1730	-	1830	-	1930	-	2030	2130
St Leonards bus depot	730	855	937	-	1037	-	1137	-	1237	-	1337	-	1437	-	1537	-	1637	-	1737	-	1837	-	1937	-	2037	2137
Dunfermline bus station	736	901	943	-	1043	-	1143	-	1243	-	1343	-	1443	-	1543	-	1643	-	1743	-	1843	-	1943	-	2043	2143
Dunfermline bus station 2	740	905	-	1005	-	1105	-	1205	-	1305	-	1405	-	1505	-	1605	-	1705	-	1805	-	1905	-	2005	-	-
Queen Margaret Hospital	751	916	-	1016	-	1116	-	1216	-	1316	-	1416	-	1516	-	1616	-	1716	-	1816	-	1916	-	2016	-	-
Kingseat Main Street	756	921	-	1021	-	1121	-	1221	-	1321	-	1421	-	1521	-	1621	-	1721	-	1821	-	1921	-	2021	-	-
Kelty Cross Oakfield Street	801	926	-	1026	-	1126	-	1226	-	1326	-	1426	-	1526	-	1626	-	1726	-	1826	-	1926	-	2026	-	-
Kelty opp Westcroft Way	804	929	-	1029	-	1129	-	1229	-	1329	-	1429	-	1529	-	1629	-	1729	-	1829	-	1929	-	2029	-	-

SUNDAY																										
Route Number	7B	7D	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B	7D	7B
Kelty opp Westcroft Way	805	-	-	930	-	1030	-	1130	-	1230	-	1330	-	1430	-	1530	-	1630	-	1730	-	1830	-	1930	-	2030
Beechbank Crescent	809	-	-	934	-	1034	-	1134	-	1234	-	1334	-	1434	-	1534	-	1634	-	1734	-	1834	-	1934	-	2034
Keltyhill Road Keltyhill Cres	813	-	-	938	-	1038	-	1138	-	1238	-	1338	-	1438	-	1538	-	1638	-	1738	-	1838	-	1938	-	2038
Kelty Cross Main Street	816	-	-	941	-	1041	-	1141	-	1241	-	1341	-	1441	-	1541	-	1641	-	1741	-	1841	-	1941	-	2041
Kingseat Main Street	821	-	-	946	-	1046	-	1146	-	1246	-	1346	-	1446	-	1546	-	1646	-	1746	-	1846	-	1946	-	2046
Queen Margaret Hospital	826	-	-	951	-	1051	-	1151	-	1251	-	1351	-	1451	-	1551	-	1651	-	1751	-	1851	-	1951	-	2051
Dunfermline bus station	836	-	-	1001	-	1101	-	1201	-	1301	-	1401	-	1501	-	1601	-	1701	-	1801	-	1901	-	2001	-	2101
Dunfermline bus station 12	838	-	940	-	1040	-	1140	-	1240	-	1340	-	1440	-	1540	-	1640	-	1740	-	1840	-	1940	-	2040	2103
St Leonards Asda	844	-	946	-	1046	-	1146	-	1246	-	1346	-	1446	-	1546	-	1646	-	1746	-	1846	-	1946	-	2046	2109
Hospital Hill Gospel Hall	-	848	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Middlebank St opp Holborn Pl	-	853	953	-	1053	-	1153	-	1253	-	1353	-	1453	-	1553	-	1653	-	1753	-	1853	-	1953	-	2053	-
Rosyth crossroads Co-op	-	856	956	-	1056	-	1156	-	1256	-	1356	-	1456	-	1556	-	1656	-	1756	-	1856	-	1956	-	2056	-
Inverkeithing Square	-	901	1001	-	1101	-	1201	-	1301	-	1401	-	1501	-	1601	-	1701	-	1801	-	1901	-	2001	-	2101	-
Inverkeithing rail station	-	903	1003	-	1103	-	1203	-	1303	-	1403	-	1503	-	1603	-	1703	-	1803	-	1903	-	2003	-	2103	-
Ferrytoll park & ride 3	-	907	1007	-	1107	-	1207	-	1307	-	1407	-	1507	-	1607	-	1707	-	1807	-	1907	-	2007	-	2107	-
North Queensferry Battery Roa	-	911	1011	-	1111	-	1211	-	1311	-	1411	-	1511	-	1611	-	1711	-	1811	-	1911	-	2011	-	2111	-