

# Sowton Park & Ride - Alphington via Heavitree, City Centre and Matford Park and Ride

C

From Sunday 5th April 2026

## Monday to Friday except public holidays

|                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Sowton Park and Ride              | 0540 | 0610 | 0640 | 0700 | 0720 | 0740 | 0810 | 0830 | 0850 | 0910 | 0940 | 1000 | 1020 | 1040 | 1100 | 1120 | 1140 |
| Exeter City Centre, Cheeke Street | 0549 | 0619 | 0649 | 0709 | 0729 | 0800 | 0830 | 0850 | 0910 | 0930 | 0955 | 1015 | 1035 | 1055 | 1115 | 1135 | 1155 |
| Exeter City Centre, High Street   | 0551 | 0621 | 0651 | 0711 | 0731 | 0803 | 0833 | 0853 | 0913 | 0933 | 0958 | 1018 | 1038 | 1058 | 1118 | 1138 | 1158 |
| Matford Park and Ride (Arr)       | 0605 | 0635 | 0705 | 0725 | 0747 | 0819 | 0849 | 0909 | 0929 | 0951 | 1016 | 1036 | 1056 | 1116 | 1136 | 1156 | 1216 |
| Matford Park and Ride (Dep)       | 0610 | 0650 | 0710 | 0729 | 0748 | 0833 | 0853 | 0917 | 0937 | 0957 | 1019 | 1039 | 1059 | 1119 | 1139 | 1159 | 1219 |
| Alphington, Rosemont Court        | 0619 | 0659 | 0719 | 0738 | 0758 | 0843 | 0903 | 0927 | 0946 | 1006 | 1028 | 1048 | 1108 | 1128 | 1148 | 1208 | 1228 |

|                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Sowton Park and Ride              | 1200 | 1220 | 1240 | 1300 | 1320 | 1340 | 1400 | 1420 | 1440 | 1500 | 1525 | 1550 | 1615 | 1640 | 1705 | 1730 | 1755 |
| Exeter City Centre, Cheeke Street | 1215 | 1235 | 1255 | 1315 | 1335 | 1355 | 1415 | 1435 | 1455 | 1517 | 1542 | 1607 | 1632 | 1657 | 1722 | 1747 | 1812 |
| Exeter City Centre, High Street   | 1218 | 1238 | 1258 | 1318 | 1338 | 1358 | 1418 | 1438 | 1458 | 1520 | 1545 | 1610 | 1635 | 1700 | 1725 | 1750 | 1815 |
| Matford Park and Ride (Arr)       | 1236 | 1256 | 1316 | 1336 | 1356 | 1416 | 1436 | 1456 | 1516 | 1544 | 1609 | 1634 | 1659 | 1724 | 1749 | 1814 | 1829 |
| Matford Park and Ride (Dep)       | 1239 | 1259 | 1319 | 1339 | 1359 | 1419 | 1439 | 1459 | 1519 | 1547 | 1612 | 1637 | 1702 | 1727 | 1752 | 1816 | 1833 |
| Alphington, Rosemont Court        | 1248 | 1308 | 1328 | 1348 | 1408 | 1428 | 1448 | 1508 | 1529 | 1557 | 1622 | 1647 | 1712 | 1737 | 1802 | 1825 | 1842 |

|                                   |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|
| Sowton Park and Ride              | 1820 | 1835 | 1855 | 1910 | 1930 |
| Exeter City Centre, Cheeke Street | 1833 | 1848 | 1908 | 1921 | 1941 |
| Exeter City Centre, High Street   | 1836 | 1851 | 1910 | 1923 | 1943 |
| Matford Park and Ride (Arr)       | 1850 | 1905 | 1923 | 1936 | 1956 |
| Matford Park and Ride (Dep)       | 1853 | 1908 | 1926 | 1939 | 1959 |
| Alphington, Rosemont Court        | 1902 | 1917 | 1935 | 1948 | 2008 |

## Saturday

|                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Sowton Park and Ride              | 0700 | 0726 | 0800 | 0830 | 0905 | 0942 | 1012 | 1042 | 1112 | 1142 | 1212 | 1242 | 1312 | 1342 | 1412 | 1442 | 1512 |
| Exeter City Centre, Cheeke Street | 0710 | 0736 | 0813 | 0843 | 0918 | 0959 | 1029 | 1059 | 1129 | 1159 | 1229 | 1259 | 1329 | 1359 | 1429 | 1459 | 1524 |
| Exeter City Centre, High Street   | 0713 | 0739 | 0816 | 0846 | 0921 | 1002 | 1032 | 1102 | 1132 | 1202 | 1232 | 1302 | 1332 | 1402 | 1432 | 1502 | 1527 |
| Matford Park and Ride (Arr)       | 0726 | 0753 | 0830 | 0900 | 0935 | 1023 | 1053 | 1123 | 1153 | 1223 | 1253 | 1323 | 1353 | 1423 | 1453 | 1520 | 1545 |
| Matford Park and Ride (Dep)       | 0737 | 0812 | 0842 | 0907 | 0936 | 1035 | 1100 | 1130 | 1200 | 1230 | 1300 | 1330 | 1400 | 1430 | 1500 | 1530 | 1600 |
| Alphington, Rosemont Court        | 0747 | 0822 | 0852 | 0917 | 0947 | 1046 | 1111 | 1141 | 1211 | 1241 | 1311 | 1341 | 1411 | 1441 | 1511 | 1541 | 1611 |

|                                   |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|
| Sowton Park and Ride              | 1542 | 1612 | 1642 | 1712 | 1740 | 1810 | 1835 | 1905 |
| Exeter City Centre, Cheeke Street | 1554 | 1624 | 1654 | 1724 | 1752 | 1822 | 1847 | 1916 |
| Exeter City Centre, High Street   | 1557 | 1627 | 1657 | 1727 | 1755 | 1824 | 1849 | 1918 |
| Matford Park and Ride (Arr)       | 1615 | 1645 | 1715 | 1745 | 1813 | 1838 | 1903 | 1931 |
| Matford Park and Ride (Dep)       | 1630 | 1700 | 1730 | 1800 | 1816 | 1841 | 1906 | 1934 |
| Alphington, Rosemont Court        | 1641 | 1711 | 1741 | 1810 | 1826 | 1851 | 1916 | 1944 |

## Sunday and Public Holidays except Christmas day, Boxing day and New Years day

|                                   |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|
| Exeter City Centre, Cheeke Street | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | 1800 | 1900 |
| Exeter City Centre, High Street   | 0902 | 1002 | 1102 | 1202 | 1302 | 1402 | 1502 | 1602 | 1702 | 1802 | 1902 |
| Matford Park and Ride (Arr)       | 0916 | 1016 | 1116 | 1216 | 1316 | 1416 | 1516 | 1616 | 1716 | 1816 | 1916 |
| Matford Park and Ride (Dep)       | 0919 | 1019 | 1119 | 1219 | 1319 | 1419 | 1519 | 1619 | 1719 | 1819 | 1919 |
| Alphington, Rosemont Court        | 0929 | 1029 | 1129 | 1229 | 1329 | 1429 | 1529 | 1629 | 1729 | 1829 | 1929 |

# Alphington - Sowton Park & Ride via Matford Park and Ride, City Centre and Heavitree

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From Sunday 5th April 2026

## Monday to Friday except Public Holidays

|                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Alphington Rosemont Court         | 0620 | 0700 | 0720 | 0739 | 0759 | 0814 | 0844 | 0904 | 0928 | 0948 | 1008 | 1030 | 1050 |
| Matford Park and Ride (Arr)       | 0627 | 0707 | 0727 | 0747 | 0807 | 0822 | 0852 | 0912 | 0936 | 0955 | 1015 | 1037 | 1057 |
| Matford Park and Ride (Dep)       | 0510 | 0540 | 0610 | 0630 | 0650 | 0710 | 0730 | 0750 | 0810 | 0825 | 0855 | 0915 | 0940 |
| Exeter City Centre, High Street   | 0525 | 0555 | 0625 | 0645 | 0705 | 0725 | 0749 | 0809 | 0829 | 0844 | 0914 | 0934 | 1000 |
| Exeter City Centre, Cheeke Street | 0527 | 0557 | 0627 | 0647 | 0707 | 0727 | 0752 | 0812 | 0832 | 0847 | 0917 | 0938 | 1004 |
| Sowton Park and Ride              | 0536 | 0606 | 0636 | 0656 | 0716 | 0736 | 0806 | 0826 | 0846 | 0901 | 0931 | 0952 | 1018 |

|                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Alphington Rosemont Court         | 1110 | 1130 | 1150 | 1210 | 1230 | 1250 | 1310 | 1330 | 1350 | 1410 | 1430 | 1450 | 1509 |
| Matford Park and Ride (Arr)       | 1117 | 1137 | 1157 | 1217 | 1237 | 1257 | 1317 | 1337 | 1357 | 1417 | 1437 | 1457 | 1517 |
| Matford Park and Ride (Dep)       | 1120 | 1140 | 1200 | 1220 | 1240 | 1300 | 1320 | 1340 | 1400 | 1420 | 1440 | 1500 | 1525 |
| Exeter City Centre, High Street   | 1140 | 1200 | 1220 | 1240 | 1300 | 1320 | 1340 | 1400 | 1420 | 1440 | 1500 | 1523 | 1548 |
| Exeter City Centre, Cheeke Street | 1144 | 1204 | 1224 | 1244 | 1304 | 1324 | 1344 | 1404 | 1424 | 1444 | 1504 | 1527 | 1552 |
| Sowton Park and Ride              | 1158 | 1218 | 1238 | 1258 | 1318 | 1338 | 1358 | 1418 | 1438 | 1458 | 1522 | 1545 | 1610 |

|                                   |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|
| Alphington Rosemont Court         | 1713 | 1738 | 1803 | 1826 | 1843 |
| Matford Park and Ride (Arr)       | 1721 | 1746 | 1810 | 1833 | 1850 |
| Matford Park and Ride (Dep)       | 1730 | 1755 | 1820 | 1835 | 1855 |
| Exeter City Centre, High Street   | 1753 | 1818 | 1837 | 1852 | 1912 |
| Exeter City Centre, Cheeke Street | 1757 | 1821 | 1840 | 1855 | 1915 |
| Sowton Park and Ride              | 1815 | 1832 | 1851 | 1906 | 1925 |

## Saturday

|                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Alphington Rosemont Court         | 0618 | 0648 | 0718 | 0748 | 0823 | 0853 | 0918 | 0948 | 1017 | 1047 | 1112 | 1142 | 1212 |
| Matford Park and Ride (Arr)       | 0627 | 0657 | 0727 | 0757 | 0832 | 0902 | 0927 | 0958 | 1027 | 1057 | 1122 | 1152 | 1222 |
| Matford Park and Ride (Dep)       | 0630 | 0700 | 0730 | 0800 | 0835 | 0905 | 0930 | 1000 | 1030 | 1100 | 1130 | 1200 | 1230 |
| Exeter City Centre, High Street   | 0643 | 0713 | 0745 | 0815 | 0850 | 0920 | 0951 | 1021 | 1051 | 1121 | 1151 | 1221 | 1251 |
| Exeter City Centre, Cheeke Street | 0645 | 0715 | 0747 | 0817 | 0852 | 0922 | 0955 | 1025 | 1055 | 1125 | 1155 | 1225 | 1255 |
| Sowton Park and Ride              | 0653 | 0723 | 0757 | 0827 | 0902 | 0932 | 1009 | 1039 | 1109 | 1139 | 1209 | 1239 | 1309 |

|                                   |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|
| Alphington Rosemont Court         | 1442 | 1512 | 1542 | 1612 | 1642 | 1712 | 1742 | 1811 |
| Matford Park and Ride (Arr)       | 1452 | 1522 | 1552 | 1622 | 1652 | 1722 | 1752 | 1820 |
| Matford Park and Ride (Dep)       | 1500 | 1530 | 1600 | 1630 | 1700 | 1730 | 1800 | 1830 |
| Exeter City Centre, High Street   | 1519 | 1549 | 1619 | 1649 | 1719 | 1749 | 1817 | 1847 |
| Exeter City Centre, Cheeke Street | 1522 | 1552 | 1622 | 1652 | 1722 | 1752 | 1820 | 1850 |
| Sowton Park and Ride              | 1536 | 1606 | 1636 | 1706 | 1736 | 1806 | 1831 | 1901 |

## Sunday and Public Holidays except Christmas day, Boxing day and New Years day

|                                   |      |      |      |      |      |      |      |      |      |      |      |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|
| Alphington Rosemont Court         | 0830 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 | 1830 |
| Matford Park and Ride (Arr)       | 0839 | 0939 | 1039 | 1139 | 1239 | 1339 | 1439 | 1539 | 1639 | 1739 | 1839 |
| Matford Park and Ride (Dep)       | 0842 | 0942 | 1042 | 1142 | 1242 | 1342 | 1442 | 1542 | 1642 | 1742 | 1842 |
| Exeter City Centre, High Street   | 0856 | 0956 | 1056 | 1156 | 1256 | 1356 | 1456 | 1556 | 1656 | 1756 | 1856 |
| Exeter City Centre, Cheeke Street | 0858 | 0958 | 1058 | 1158 | 1258 | 1358 | 1458 | 1558 | 1658 | 1758 | 1858 |