X3

Pontypool & New Inn Railway Station • Pontypool • Cwmbran • Cardiff

Timetable valid from **1st November 2026**

Monday to **Friday** (Excluding Public Holidays)

			SD	SH	SD	SH							SD	SH				
Pontypool & New Inn Railway Station	Dep	0613	0713	0723	-	0835	0935	1035	1135	1242	1342	1449	-	1545	1700	-	-	-
Pontypool Town Hall	Arr	0623	0723	0733	-	0845	0945	1045	1145	1252	1352	1459	-	1555	1710	-	-	-
Pontypool Town Hall Stand 2	Dep	0625	0725	0735	0840	0847	0947	1047	1147	1254	1354	1501	1530	1557	1712	1915	2132	2340
Lowlands Cross Keys		-	-	-	-	-	-	-	-	-	-	-	1540	-	-	-	-	-
Cwmbran High School		-	-	-	-	-	-	-	-	-	-	-	1548	-	-	-	-	-
Llantarnam Greenhouse		-	-	-	-	-	-	-	-	-	-	-	1603	-	-	-	-	-
Griffithstown Panteg House		0635	0733	0743	0848	0855	0955	1055	1155	1302	1402	1509	-	1605	1719	1922	2139	2347
Cwmbran Bus Station	Arr	0646	0743	0753	0858	0905	1005	1105	1205	1312	1412	1519	1620	1615	1729	1932	2149	2357
Cwmbran Bus Station Stand B	Dep	0650	0748	0758	0902	0909	1009	1109	1209	1316	1416	1523	1623	1620	1732	1935	2150	-
Llantarnam Greenhouse		0700	0758	0807	0911	0919	1019	1119	1219	1326	1426	1533	1633	1629	1741	1943	2158	-
Malpas Kimberly Park		0708	0807	0815	0921	0927	1027	1127	1227	1334	1434	1542	1642	1637	1749	1949	2204	-
Penylan Ipswich Road		0725	0824	0830	0945	0943	1043	1143	1243	1350	1450	1558	1659	1652	1805	2004	2219	-
Cardiff Greyfriars Road GH	Arr	0741	0843	0850	1005	0958	1058	1158	1258	1405	1507	1615	1719	1712	1822	2019	2234	-

Key:

SD - This journey runs on schooldays only (see above)

SH - This journey runs on holidays only (dates not listed

Saturday (Excluding Public Holidays)

Pontypool & New Inn Railway Station	Dep	0623	0725	0835	0935	1035	1135	1235	1335	1435	1535	1635	-	-	-
Pontypool Town Hall	Arr	0633	0735	0845	0945	1045	1145	1245	1345	1445	1545	1645	-	-	-
Pontypool Town Hall Stand 2	Dep	0635	0737	0847	0947	1047	1147	1247	1347	1447	1547	1647	1915	2132	2340
Griffithstown Panteg House		0643	0745	0855	0955	1055	1155	1255	1355	1455	1555	1655	1922	2139	2347
Cwmbran Bus Station	Arr	0653	0755	0905	1005	1105	1205	1305	1405	1505	1605	1705	1932	2149	2357
Cwmbran Bus Station Stand B	Dep	0657	0759	0909	1009	1109	1209	1309	1409	1509	1609	1709	1935	2150	-
Llantarnam Greenhouse		0707	0809	0919	1019	1119	1219	1319	1419	1519	1619	1719	1943	2158	-
Malpas Kimberly Park		0715	0817	0927	1027	1127	1227	1327	1427	1527	1627	1727	1949	2204	-
Penylan Ipswich Road		0731	0833	0943	1043	1143	1243	1343	1443	1543	1643	1743	2004	2219	-
Cardiff Greyfriars Road GH	Arr	0746	0848	0958	1058	1158	1258	1358	1458	1558	1658	1758	2019	2234	-

Sorry, there is no Sunday service on the X3

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X3

Cardiff • Cwmbran • Pontypool • Pontypool & New Inn Railway Station

Timetable valid from **1st November 2026**

Monday to **Friday** (Excluding Public Holidays)

		SD	SH	SD	SH							SD	SD	SH	SD	SH					
Cardiff Greyfriars Road GH	Dep	-	-	-	-	0750	0900	1010	1110	1210	1310	-	1310	1410	1410	1515	1620	1725	1825	2025	2240
Penylan Ipswich Road		-	-	-	-	0805	0915	1025	1125	1225	1325	-	1325	1425	1425	1530	1636	1741	1840	2037	2252
Malpas Kimberly Park		-	-	-	-	0823	0931	1041	1141	1241	1341	-	1341	1441	1441	1546	1653	1758	1856	2053	2308
Llantarnam Star Row		-	-	-	-	0833	0940	1050	1150	1250	1350	-	1350	1450	1450	1555	1702	1807	1904	2059	2314
Cwmbran Bus Station	Arr	-	-	-	-	0844	0951	1101	1201	1301	1401	-	1401	1501	1501	1606	1713	1817	1914	2108	2322
Cwmbran Bus Station Stand E	Dep	0644	0654	-	0759	0848	0953	1103	1203	1303	1403	-	1403	1503	1503	1608	1715	1819	1916	2109	2322
Pontymoile Maesderwen		0657	0707	-	0814	0903	1008	1118	1218	1318	1418	-	1418	1518	1518	1626	1732	1836	1926	2120	2333
Cwmbran Rail Station		-	-	0735	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Llantarnam Greenhouse		-	-	0748	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cwmbran High School		-	-	0803	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Lowlands Cross Keys		-	-	0808	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pontypool Town Hall	Arr	0705	0715	0830	0827	0912	1017	1127	1227	1327	1427	-	1427	1527	1527	1640	1745	1847	1936	2129	2339
Pontypool Town Hall Stand 2	Dep	0706	0716	-	0828	0913	1018	1128	1228	1328	-	1442	1432	-	1528	1641	-	-	-	-	-
Pontypool & New Inn Railway Station	Arr	0712	0722	-	0834	0919	1024	1134	1234	1334	-	1448	1438	-	1534	1647	-	-	-	-	-

Key:

SD - This journey runs on schooldays only (see above)

SH - This journey runs on holidays only (dates not listed above)

Saturday (Excluding Public Holidays)

Cardiff Greyfriars Road GH	Dep	-	-	0810	0910	1010	1110	1210	1310	1410	1510	1615	1725	1825	2025	2240
Penylan Ipswich Road		-	-	0825	0925	1025	1125	1225	1325	1425	1525	1630	1740	1840	2037	2252
Malpas Kimberly Park		-	-	0841	0941	1041	1141	1241	1341	1441	1541	1646	1756	1856	2053	2308
Llantarnam Star Row		-	-	0850	0950	1050	1150	1250	1350	1450	1550	1655	1804	1904	2059	2314
Cwmbran Bus Station	Arr	-	-	0901	1001	1101	1201	1301	1401	1501	1601	1706	1814	1914	2108	2322
Cwmbran Bus Station Stand E	Dep	0656	0806	0903	1003	1103	1203	1303	1403	1503	1603	1708	1816	1916	2109	2322
Pontymoile Maesderwen		0708	0818	0918	1018	1118	1218	1318	1418	1518	1618	1723	1828	1926	2121	2333
Pontypool Town Hall	Arr	0717	0827	0927	1027	1127	1227	1327	1427	1527	1627	1732	1842	1936	2129	2339
Pontypool Town Hall Stand 2	Dep	0718	0828	0928	1028	1128	1228	1328	1428	1528	1628	-	-	-	-	-
Pontypool & New Inn Railway Station	Arr	0724	0834	0934	1034	1134	1234	1334	1434	1534	1634	-	-	-	-	-

Sunday (and Bank Holiday Mondays)

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