

# X3



## Pontypool & New Inn Railway Station • Pontypool • Cwmbran • Cardiff

Timetable valid from **30th August 2026**

### Monday to Friday (Excluding Public Holidays)

|                                                |     |      | SD   | SH   | SD   | SH   |      |      |      |      |      |      | SD   | SH   |      |      |      |      |
|------------------------------------------------|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| <b>Pontypool &amp; New Inn</b> Railway Station | Dep | 0613 | 0713 | 0723 | -    | 0835 | 0935 | 1035 | 1135 | 1242 | 1342 | 1449 | -    | 1545 | 1700 | -    | -    | -    |
| <b>Pontypool</b> Town Hall                     | Arr | 0623 | 0723 | 0733 | -    | 0845 | 0945 | 1045 | 1145 | 1252 | 1352 | 1459 | -    | 1555 | 1710 | -    | -    | -    |
| <b>Pontypool</b> Town Hall Stand 2             | Dep | 0625 | 0725 | 0735 | 0840 | 0847 | 0947 | 1047 | 1147 | 1254 | 1354 | 1501 | 1530 | 1557 | 1712 | 1915 | 2132 | 2340 |
| <b>Lowlands</b> Cross Keys                     |     | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | 1540 | -    | -    | -    | -    | -    |
| <b>Thornhill</b> Bluebell Court                |     | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | 1550 | -    | -    | -    | -    | -    |
| <b>Llantarnam</b> Greenhouse                   |     | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | 1605 | -    | -    | -    | -    | -    |
| <b>Griffithstown</b> Panteg House              |     | 0635 | 0733 | 0743 | 0848 | 0855 | 0955 | 1055 | 1155 | 1302 | 1402 | 1509 | -    | 1605 | 1719 | 1922 | 2139 | 2347 |
| <b>Cwmbran</b> Bus Station                     | Arr | 0646 | 0743 | 0753 | 0858 | 0905 | 1005 | 1105 | 1205 | 1312 | 1412 | 1519 | 1620 | 1615 | 1729 | 1932 | 2149 | 2357 |
| <b>Cwmbran</b> Bus Station Stand B             | Dep | 0650 | 0748 | 0758 | 0902 | 0909 | 1009 | 1109 | 1209 | 1316 | 1416 | 1523 | 1623 | 1620 | 1732 | 1935 | 2150 | -    |
| <b>Llantarnam</b> Greenhouse                   |     | 0700 | 0758 | 0807 | 0911 | 0919 | 1019 | 1119 | 1219 | 1326 | 1426 | 1533 | 1633 | 1629 | 1741 | 1943 | 2158 | -    |
| <b>Malpas</b> Kimberly Park                    |     | 0708 | 0807 | 0815 | 0921 | 0927 | 1027 | 1127 | 1227 | 1334 | 1434 | 1542 | 1642 | 1637 | 1749 | 1949 | 2204 | -    |
| <b>Penylan</b> Ipswich Road                    |     | 0725 | 0824 | 0830 | 0945 | 0943 | 1043 | 1143 | 1243 | 1350 | 1450 | 1558 | 1659 | 1652 | 1805 | 2004 | 2219 | -    |
| <b>Cardiff</b> Greyfriars Road GH              | Arr | 0741 | 0843 | 0850 | 1005 | 0958 | 1058 | 1158 | 1258 | 1405 | 1507 | 1615 | 1719 | 1712 | 1822 | 2019 | 2234 | -    |

| Key:                                                              |
|-------------------------------------------------------------------|
| <b>SD</b> - This journey runs on schooldays only (see above)      |
| <b>SH</b> - This journey runs on holidays only (dates not listed) |

### Saturday (Excluding Public Holidays)

|                                                |     |      |      |      |      |      |      |      |      |      |      |      |      |      |      |  |  |  |
|------------------------------------------------|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|--|--|--|
| <b>Pontypool &amp; New Inn</b> Railway Station | Dep | 0623 | 0725 | 0835 | 0935 | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 | -    | -    | -    |  |  |  |
| <b>Pontypool</b> Town Hall                     | Arr | 0633 | 0735 | 0845 | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | -    | -    | -    |  |  |  |
| <b>Pontypool</b> Town Hall Stand 2             | Dep | 0635 | 0737 | 0847 | 0947 | 1047 | 1147 | 1247 | 1347 | 1447 | 1547 | 1647 | 1915 | 2132 | 2340 |  |  |  |
| <b>Griffithstown</b> Panteg House              |     | 0643 | 0745 | 0855 | 0955 | 1055 | 1155 | 1255 | 1355 | 1455 | 1555 | 1655 | 1922 | 2139 | 2347 |  |  |  |
| <b>Cwmbran</b> Bus Station                     | Arr | 0653 | 0755 | 0905 | 1005 | 1105 | 1205 | 1305 | 1405 | 1505 | 1605 | 1705 | 1932 | 2149 | 2357 |  |  |  |
| <b>Cwmbran</b> Bus Station Stand B             | Dep | 0657 | 0759 | 0909 | 1009 | 1109 | 1209 | 1309 | 1409 | 1509 | 1609 | 1709 | 1935 | 2150 | -    |  |  |  |
| <b>Llantarnam</b> Greenhouse                   |     | 0707 | 0809 | 0919 | 1019 | 1119 | 1219 | 1319 | 1419 | 1519 | 1619 | 1719 | 1943 | 2158 | -    |  |  |  |
| <b>Malpas</b> Kimberly Park                    |     | 0715 | 0817 | 0927 | 1027 | 1127 | 1227 | 1327 | 1427 | 1527 | 1627 | 1727 | 1949 | 2204 | -    |  |  |  |
| <b>Penylan</b> Ipswich Road                    |     | 0731 | 0833 | 0943 | 1043 | 1143 | 1243 | 1343 | 1443 | 1543 | 1643 | 1743 | 2004 | 2219 | -    |  |  |  |
| <b>Cardiff</b> Greyfriars Road GH              | Arr | 0746 | 0848 | 0958 | 1058 | 1158 | 1258 | 1358 | 1458 | 1558 | 1658 | 1758 | 2019 | 2234 | -    |  |  |  |

Sorry, there is no Sunday service on the X3

**Cardiff • Cwmbran • Pontypool • Pontypool & New Inn Railway Station**

 Timetable valid from **30th August 2026**
**Monday to Friday (Excluding Public Holidays)**

|                                                |     | SD   | SH   | SD   | SH   |      |      |      |      |      | SD   | SD   | SH   | SD   | SH   |      |      |      |      |      |
|------------------------------------------------|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| <b>Cardiff</b> Greyfriars Road GH              | Dep | -    | -    | -    | -    | 0750 | 0900 | 1010 | 1110 | 1210 | 1310 | -    | 1310 | 1410 | 1410 | 1515 | 1620 | 1725 | 1825 | 2240 |
| <b>Penylan</b> Ipswich Road                    |     | -    | -    | -    | -    | 0805 | 0915 | 1025 | 1125 | 1225 | 1325 | -    | 1325 | 1425 | 1425 | 1530 | 1636 | 1741 | 1840 | 2252 |
| <b>Malpas</b> Kimberly Park                    |     | -    | -    | -    | -    | 0823 | 0931 | 1041 | 1141 | 1241 | 1341 | -    | 1341 | 1441 | 1441 | 1546 | 1653 | 1758 | 1856 | 2308 |
| <b>Llantarnam</b> Star Row                     |     | -    | -    | -    | -    | 0833 | 0940 | 1050 | 1150 | 1250 | 1350 | -    | 1350 | 1450 | 1450 | 1555 | 1702 | 1807 | 1904 | 2314 |
| <b>Cwmbran</b> Bus Station                     | Arr | -    | -    | -    | -    | 0844 | 0951 | 1101 | 1201 | 1301 | 1401 | -    | 1401 | 1501 | 1501 | 1606 | 1713 | 1817 | 1914 | 2322 |
| <b>Cwmbran</b> Bus Station Stand E             | Dep | 0644 | 0654 | -    | 0759 | 0848 | 0953 | 1103 | 1203 | 1303 | 1403 | -    | 1403 | 1503 | 1503 | 1608 | 1715 | 1819 | 1916 | 2322 |
| <b>Pontymoile</b> Maesderwen                   |     | 0657 | 0707 | -    | 0814 | 0903 | 1008 | 1118 | 1218 | 1318 | 1418 | -    | 1418 | 1518 | 1518 | 1626 | 1732 | 1836 | 1926 | 2333 |
| <b>Cwmbran</b> Rail Station                    |     | -    | -    | 0730 | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    |
| <b>Llantarnam</b> Greenhouse                   |     | -    | -    | 0742 | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    |
| <b>Hollybush</b> Trostrey                      |     | -    | -    | 0750 | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    |
| <b>Thornhill</b> Bluebell Court                |     | -    | -    | 0800 | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    |
| <b>Lowlands</b> Cross Keys                     |     | -    | -    | 0810 | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    | -    |
| <b>Pontypool</b> Town Hall                     | Arr | 0705 | 0715 | 0830 | 0827 | 0912 | 1017 | 1127 | 1227 | 1327 | 1427 | -    | 1427 | 1527 | 1527 | 1640 | 1745 | 1847 | 1936 | 2339 |
| <b>Pontypool</b> Town Hall Stand 2             | Dep | 0706 | 0716 | -    | 0828 | 0913 | 1018 | 1128 | 1228 | 1328 | -    | 1442 | 1432 | -    | 1528 | 1641 | -    | -    | -    | -    |
| <b>Pontypool &amp; New Inn</b> Railway Station | Arr | 0712 | 0722 | -    | 0834 | 0919 | 1024 | 1134 | 1234 | 1334 | -    | 1448 | 1438 | -    | 1534 | 1647 | -    | -    | -    | -    |

**Key:**
**SD** - This journey runs on schooldays only (see above)

**SH** - This journey runs on holidays only (dates not listed above)

**Saturday (Excluding Public Holidays)**

|                                                |     |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |  |  |  |  |
|------------------------------------------------|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|--|--|--|--|
| <b>Cardiff</b> Greyfriars Road GH              | Dep | -    | -    | 0810 | 0910 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1615 | 1725 | 1825 | 2025 | 2240 |  |  |  |  |
| <b>Penylan</b> Ipswich Road                    |     | -    | -    | 0825 | 0925 | 1025 | 1125 | 1225 | 1325 | 1425 | 1525 | 1630 | 1740 | 1840 | 2037 | 2252 |  |  |  |  |
| <b>Malpas</b> Kimberly Park                    |     | -    | -    | 0841 | 0941 | 1041 | 1141 | 1241 | 1341 | 1441 | 1541 | 1646 | 1756 | 1856 | 2053 | 2308 |  |  |  |  |
| <b>Llantarnam</b> Star Row                     |     | -    | -    | 0850 | 0950 | 1050 | 1150 | 1250 | 1350 | 1450 | 1550 | 1655 | 1804 | 1904 | 2059 | 2314 |  |  |  |  |
| <b>Cwmbran</b> Bus Station                     | Arr | -    | -    | 0901 | 1001 | 1101 | 1201 | 1301 | 1401 | 1501 | 1601 | 1706 | 1814 | 1914 | 2108 | 2322 |  |  |  |  |
| <b>Cwmbran</b> Bus Station Stand E             | Dep | 0656 | 0806 | 0903 | 1003 | 1103 | 1203 | 1303 | 1403 | 1503 | 1603 | 1708 | 1816 | 1916 | 2109 | 2322 |  |  |  |  |
| <b>Pontymoile</b> Maesderwen                   |     | 0708 | 0818 | 0918 | 1018 | 1118 | 1218 | 1318 | 1418 | 1518 | 1618 | 1723 | 1828 | 1926 | 2121 | 2333 |  |  |  |  |
| <b>Pontypool</b> Town Hall                     | Arr | 0717 | 0827 | 0927 | 1027 | 1127 | 1227 | 1327 | 1427 | 1527 | 1627 | 1732 | 1842 | 1936 | 2129 | 2339 |  |  |  |  |
| <b>Pontypool</b> Town Hall Stand 2             | Dep | 0718 | 0828 | 0928 | 1028 | 1128 | 1228 | 1328 | 1428 | 1528 | 1628 | -    | -    | -    | -    | -    |  |  |  |  |
| <b>Pontypool &amp; New Inn</b> Railway Station | Arr | 0724 | 0834 | 0934 | 1034 | 1134 | 1234 | 1334 | 1434 | 1534 | 1634 | -    | -    | -    | -    | -    |  |  |  |  |

**Sunday (and Bank Holiday Mondays)**

Sorry, there is no Sunday service on the X3